2012 NAMI Texas Conference

Partnering for Change
Building the Future

November 2-3, 2012
Sheraton Hotel at the Capitol • Austin, Texas

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2012 Election Information and Nominees

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Board of Directors

Board President
(Region 8 Director)
Term: 2009-2012
Andrea Hazlitt

Vice President
(Region 1 Director)
Term: 2009-2012
David Gibson

Treasurer
(Region 1 Director)
Term: 2010-2013
John A. Tatum

Secretary
(Region 6 Director)
Term: 2010-2013
Paula Hendrix

(Region 2 Director)
Term: 2012-2014
Cynthia Brown

(Region 3 Director)
Term: 2012-2014
Sindi Elorreaga

(Region 4 Director)
Term: 2012-2014
Bryan Moffit

(Region 5 Director)
Term: 2012-2014
Miles Kechter

(Region 7 Director)
Term: 2010-2013
Ed Dickey

(Region 9 Director)
Vacant

(At Large Director)
Term: 2011-2014
Jody Schulz

(At Large Director)
Term: 2010-2012
Joe Powell

(At Large Director)
Term: 2011-2014
Vacant

NAMI Texas Consumer Representative to the NAMI National Consumer Council
Term: 2011-2013
Andy Gibson

NAMI Texas State Consumer Council Representative
Vacant

TCOOMMI (Texas Correctional Office on Offenders with Medical or Mental Impairments Representative)
Maurice Dutton

NAMI Texas Veterans Council Representative to the NAMI National Veterans Council
Cliff McGlotten
ACSW/LCSW

Parliamentarian
Jackie Shannon

Ex-Officio Immediate Past President
Eric Willard

Ex-Officio Past President
Patti Haynes

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We hope to see you in Austin!
Cover picture taken at Auditorium Shores on Lake Austin.
Statue is of local legend, Stevie Ray Vaughan
MESSAGE FROM THE PRESIDENT AND EXECUTIVE DIRECTOR

Whether Red, White and Blue or Blue and Gold, it’s that time of year - time to VOTE! Inside this edition of the NAMI Texas Newsletter you will find information about important changes being proposed to the NAMI Texas Mission Statement. You will have the opportunity to choose between two different versions of a clearer and more concise statement. We are also proposing several Bylaw changes, many of them modeled on the national bylaws of NAMI. Finally, you will see introductory statements from four enthusiastic and talented candidates eager to serve on the Board of NAMI Texas. Be sure to mark your choices and return your ballot as directed. Your vote counts!

NAMI Texas is also working with NAMI to support the Mental Health Care Gets My Vote Campaign. We are supporting Affiliates by providing banners, flyers, stickers, balloons and buttons for voter registration efforts. We are promoting the campaign through social media, including Facebook and Twitter. NAMI Metropolitan Houston, NAMI Tarrant County, NAMI Wichita Falls, NAMI Austin and NAMI San Antonio are active participants so far, with voter registration tables at the three fall walk sites. By the way, please visit our Facebook page and Like us! You can also visit our Twitter page and follow us to get mental health news, advocacy updates and information of interest to NAMI members.

In preparation for the 83rd Legislative Session, which will begin in January 2013, the NAMI Texas Board recently approved our legislative policy platform. Our six policy priorities were developed by the Public Policy Committee following a lengthy process of soliciting input from our Affiliates. The NAMI Texas legislative agenda will be featured at our annual NAMI Texas conference being held on November 2-3 in Austin. Early registration for the conference ends October 1st, so please be sure to go www.namitexas.org soon to register online and make your hotel reservations.

And, as always, thanks for all that you do, and the difference you make, as a NAMI member.

**Andrea Hazlitt, Ph.D.**  
NAMI Texas, Board President

**Robin Peyson, MHSA**  
NAMI Texas, Executive Director
Voting in the NAMI Texas Election

BOARD RESPONSIBILITIES:
(Excerpted from the NAMI Advocate's Spring 2010 issue as a Message from the NAMI Board of Directors)

“NAMI board service demands experience, knowledge, commitment and time to help others. Board members must be passionate about NAMI’s goals, values and beliefs. But beyond that critical passion, board members should have some high-level decision-making experience and knowledge in one or more of the following areas: public policy, fundraising, nonprofit legal oversight, outreach and educational programs, technology and communications, marketing, membership development, business, investments, finance or volunteerism. Service on the board of a large nonprofit organization and understanding of the complex and varied legal and fiduciary decisions a board struggles with on a routine basis are also critical to good NAMI board service.

Board members are elected for three-year terms, and may serve two consecutive terms. Board members should be prepared to dedicate between six and 10 hour/week to their NAMI board service, including service on three to four standing committees, frequent conference calls and other work groups as needed, in addition to board and other meeting travel. NAMI board members represent the organization before the general public, NAMI members, professional service providers and public officials.

The NAMI Board of Directors is a working board whose members play active and important roles in setting policy for the success of the (national) organization. NAMI is best served by board members who are team players and who keep the big picture in mind. Service on the Board challenges us all to rise above our local concerns or single areas of particular interest, to see the scope of our needs to best serve the board role, members are expected to:

- Attend and participate fully in our monthly board meetings,
- Understand and protect the fiduciary health of the organization;
- Understand and adhere to the legal and fiduciary responsibilities of a nonprofit board;
- Understand and support NAMI’s programs and public policies;
- Be NAMI members in good standing; and
- Make what feels to the individual to be a significant financial contribution to NAMI on an annual basis.”

CONSUMER COUNCIL ELECTION: As stated in Article V, Section 2 and 3 of the Bylaws, the NAMI Texas State Consumer Council Representative will also serve as the Texas alternative to the NAMI National Consumer Council. The responsibility of the council will be to cultivate consumer leaders, to encourage participation in NAMI consumer education, support, and advocacy programs and initiatives, and to promote diversity and equal representation of all consumers that reside in Texas. The NAMI Texas Consumer Council will serve as a committee under the Board of Directors.

2012 NAMI TEXAS ELECTION:

Although the “Board Responsibilities” statement was written to NAMI members on behalf of the NAMI National Board, the exact statement works perfectly for the NAMI Texas annual elections. The needs of the board at the national level coincide with the needs of the board at our state level. The Advocate article pinpoints specific needs for the kinds of skills and expertise required on the national level, NAMI Texas also noticed that we have a need for board members to bring fiscal management skills and training to our board. In addition, we noted that fundraising is a critically important board function and an expectation of every board member, yet we have few board members who relish and excel in this role. In particular, our board also lacks substantial diversity, and this is a priority for NAMI Texas. We would also like to have board members that represent families with younger children.

The NAMI Texas board consists of 15 seats, nine of which represent specific geographic regions and six of which are at large for election. We have 3 regions, Regions 1, 3 and 8, with Board positions available. In addition, we have one At Large position.

BYLAWS: You will also see five proposed changes to our Bylaws. As a grassroots organization, we draw our strength from our members and our leaders. Our Board and our Bylaws can only be changes by a vote of the membership—that is you! So, please review the following proposed amendments to our Bylaws on pages 9-11, and express your opinion by voting. Only NAMI members in good standing (with fully paid dues) may vote, either by absentee ballot or at the annual NAMI Texas conference.
Nominee Requirements and Questionnaire

VOTING PACKET: In mid-September, a packet of voting information, including the ballot and this copy of the NAMI Texas Election newsletter will be mailed to each member in good standing.

ABSENTEE VOTING: Members that wish to vote absentee may do so via official ballots that will be mailed in September and are encouraged to do so. Absentee ballots are due to NAMI Texas by October 15, 2012.

VOTING AT THE CONFERENCE: Voting will take place at the annual NAMI Conference on November 2, 2012 in Austin for those who have not voted by mail ballot. The NAMI conference program will include a map with the voting area clearly marked. Members in good standing may vote between 8:00 a.m. and 4:30 p.m. All ballots must be returned to the ballot box by 4:30 p.m. Each Affiliate must turn in the Affiliate Credentialing Form previously sent to them.

ELECTION RESULTS: Results of the election will be reported at the closing session of the NAMI Texas annual conference on Saturday, November 3, 2012. Results will be posted on www.namitexas.org the following week.

2012 Nominees:
- Region 1 Director: David Gibson
- Region 3 Director: Sindi Elorreaga
- Region 8 Director: Andrea Hazlitt
- At Large Director: Rose McCorkle

2012 NAMI Texas Board Nominee Questionnaire

All nominees must provide answers to the following questions:

1. Why do you want to serve on the NAMI Texas Board of Directors?
2. What financial management or fundraising expertise would you bring to the Board?
3. What is the most pressing public policy issue facing NAMI Texas members today? What course of action do you suggest?
4. What brought you to NAMI—and what is most valuable to you about your participation in the NAMI movement?
5. What is the most pressing internal or organizational issue facing NAMI Texas today?

NAMI Texas State Consumer Council Representative

Due to personal reasons, Amber Dorsett has withdrawn her nomination for NAMI Texas State Consumer Council Representative.

The Board will be filling vacancies through appointments, as per our Bylaws, and welcome suggestions from our Affiliates.
**Region 1: David Gibson, OD, FAAO**

My name is David R. Gibson and I am currently the Vice-President of NAMI Texas. I also serve as president of NAMI Lubbock and the Region 1 representative on the Board of Directors for NAMI Texas. I am a Family-to-Family Teacher and a Family Support Group Facilitator. I have been a member of NAMI Texas for 10 years and enjoy strengthening those affected by mental illness.

1. Why do you want to serve on the NAMI Texas Board of Directors? I have been serving on the Board of Directors for the past four years. Every year I learn more about the things in the background that have to be done to keep NAMI Texas as a great state program. I have enjoyed my four years of service and can now be a more effective board member and officer due to my experience.

2. What financial management or fundraising expertise would you bring to the Board? After serving on the board, I have learned to analyze financial statements. I have no special expertise in fundraising.

3. What is the most pressing public policy issue facing NAMI Texas members today? What course of action do you suggest? The most pressing public policy issue today is veteran affairs. The number of returning vets and the nature of their service and related illness, has NAMI searching for the proper action. We need a stronger partnership with the veteran programs for increased involvement with PTSD and other military illnesses.

4. What brought you to NAMI—and what is most valuable to you about your participation in the NAMI movement? I was brought to NAMI after a mental health crisis landed a loved one in jail and long term treatment in an out of state program. We needed support and a kind, non-judgmental group of people like us who needed action, not just sympathy. The most valuable thing about my continued participation in the NAMI movement is that I can now see hope for my loved one.

5. What is the most pressing internal or organizational issue facing NAMI Texas today? What course of action do you suggest? The most pressing internal and organizational issue today is the lack of interested individuals to serve on the NAMI Texas board of directors. The only course of action is to keep looking, keep asking and keep aware of individuals with leadership experience that could make good board members.

**Region 3: Sindi Elorreaga, MA, LPC, LCDC**

Sindi is President of NAMI El Paso and was recently elected to the State Board of Directors for NAMI Texas as Region 3 Representative. Ms. Elorreaga, a Licensed Professional Counselor and Licensed Chemical Dependency Counselor. She has over 19 years of clinical and administrative experience and is skilled in training, community presentations, advocacy & outreach, program and curriculum development and building collaborative relationships with community stakeholders.

1. Why do you want to serve on the NAMI Texas Board of Directors? I am seeking this opportunity to serve on the NAMI Texas Board of Directors so that the needs and interests from the border community of El Paso are represented. El Paso has experienced significant challenges in the past few years: from the impact of border violence that has crossed over to our community to the soldiers returning from the Middle Eastern conflicts. The rise of PTSD, Generalized Anxiety Disorder, Depression, Traumatic Bereavement and Grief, has impacted our children and families in significant ways. I wish to provide the Board with that perspective as well as help foster a culturally relevant and sensitive protocol and curriculum to better address the mental health needs of our community.

With the rise of other national, state and local organizations promoting mental health awareness, NAMI is a unique position to synergistically launch a collaborative movement and lead the way. I wish to help articulate voice and vision for that to happen.

2. What financial management or fundraising expertise would you bring to the Board? Since my nomination to serve as Executive Director for the state chapter of the Texas Young Democrats in my early 20’s, I learned various fundraising mechanisms to generate funds that link the legislative representatives to the organization’s mission and purpose. One of the most interesting and eventful as well as lucrative fundraising event was the “Chocolates and Champagne” event honoring the late Ms. Ann Richards. I also have taught “Program Development and Grant Writing” to bachelor level students from the University of Phoenix. This teaching experience has provided me with insight, knowledge and skills to successful grant writing. During the course of my professional experiences in the social service agency field, I have also cultivated skills by serving on various committees and fundraising projects.

3. What is the most pressing public policy issue facing NAMI Texas members today? What course of action do you suggest? There are many public policy issues facing our NAMI Texas membership that range from legislative policy issues to shortage of services for those affected by mental illness. One of the more compelling public policy issues, however, is the criminalization of persons affected by mental illness and substance use disorders. Our society has a historical negligent and punitive response to such persons affected and much advocacy, education and support is needed in this critical area that impacts our communities. (continued on page 8)
A member of NAMI Gulf Coast since 2000, Andrea has served as secretary of the NAMI Gulf Coast Board, the Westover Cove Board (federally subsidized apartments for people with mental illness), the Brazoria County Mental Health Task Force, and the Brazosport Mental Health Professionals’ Association. Andrea is currently President, after a term as Secretary, and has chaired Fundraising, Conference Planning, and Human Resources committees.

1. Why do you want to serve on the NAMI Texas Board of Directors? When I retired in March 2009, my first priority after family health was to become a more active volunteer with NAMI. I want to help others as the NAMI family has helped me and my family following my oldest son’s diagnosis with a mental illness ten years ago. Areas in which my interest and talents might best be used include education, family support, strategic planning, and advocacy. I have a strong desire to learn and propagate the “best practices” and innovations of NAMI affiliates, especially in family and community education, fund raising, and advocacy.

2. What financial management or fundraising expertise would you bring to the Board? My financial management experience stems from supervisory roles at Dow Chemical and more than 10 years of accumulated service as treasurer and board member for various professional organizations and non-profits. I also worked on several fundraising projects while chairing the NAMI TX Fundraising Committee for two years and the annual conference Silent Auction for three years.

3. What is the most pressing public policy issue facing NAMI Texas members today? What course of action do you suggest? It is imperative that Texas have a clear, well-conceived public policy on serving the mental health needs of our citizens. For example the legislature appears to respond haphazardly rather than strategically to requests for bi-annual funding requests. We must enhance our efforts to be persistent and creative in finding advocates within the legislature to reinforce NAMI’s repeated attempts to educate legislators on the lower cost option to treat people with mental illness rather than incarcerate them. Unless NAMI maintains a focus on mental health needs of Texans, the large number of competing issues will distract the legislators from the strategic planning and effective implementation of actions to promote mental health that our people desperately need. Providing advocacy training to NAMI affiliates would enable members to become more effective advocates; timely email alerts would focus members’ efforts for maximum impact.

4. What brought you to NAMI—and what is most valuable to you about your participation in the NAMI movement? A NAMI Gulf Coast Partnerships class following my oldest son’s hospitalization and diagnosis in 2000 was the beginning. Participation in NAMI has been crucial to my understanding of not only the challenges ahead for my son and our family … (continued on page 8)
Region 3 Candidate: Sindi Elorreaga, MA, LPC,

3. What is the most pressing public policy issue facing NAMI Texas members today? What course of action do you suggest?
(continued from page 6) When you consider the issue of co-occurring disorders, one recognizes how much these mental health issues intersect with other social issues such as domestic violence, traumatization of families, homelessness, etc. However, the lack of knowledge, the lack of triage and the lack of sensitivity and understanding regarding these issues results instead with criminalization. There are various strategic responses needed to address these issues which include a comprehensive platform that responds at both the macro and micro level. It is critical we engage and partner with the criminal justice system and the legal system so that we not only help shift public opinion but also become stakeholders in the criminal justice process.

4. What brought you to NAMI—and what is most valuable to you about your participation in the NAMI movement? Through the recommendation of a professional colleague, I was introduced to NAMI of El Paso and immediately became interested, motivated and engaged to help at the local level to help meet the needs of our border community. As a therapist, I witness first-hand the toils and tragedies that can occur to the person affected by mental illness.

What is most valuable to me in my participation in the NAMI movement is to help reduce the stigma and shame of mental illness, which results, too many times, in silence and isolation. Too often, we view persons affected by mental health issues either dispassionately or judgmentally. The time is now to bring about change. I wish to be a person that proactively partners with others to help bring about that change.

5. What is the most pressing internal or organizational issue facing NAMI Texas today? What course of action do you suggest? I believe that one of the most pressing internal or organizational issue facing NAMI Texas is lack of funding. As a state organization, I believe we need to develop mechanisms whereby the state organization better helps subsidize and support our Texas affiliates and conduct more outreach in unique, different ways.

Region 8 Candidate: Andrea Hazlitt, Ph.D.

4. What brought you to NAMI—and what is most valuable to you about your participation in the NAMI movement?
(continued from page 7) … but also the significant unmet needs of people affected by mental illness, which unfortunately are largely unrecognized in the community. I am an action-oriented person and found in NAMI Gulf Coast a dedicated, talented group of people who are patiently teaching and mentoring me to become more effective in helping others. I’ve learned that the investment of even seemingly small efforts consistently over time can have significant and lasting impact on individuals and the community.

5. What is the most pressing internal or organizational issue facing NAMI Texas today? What course of action do you suggest? The most pressing issue facing NAMI Texas is acquiring sources of adequate, reliable unrestricted income to enable implementation of key programs and initiatives to achieve the NAMI Texas mission. A second related important issue is the critical need to build and energize our membership base to better reach out to people affected by mental illness and to help educate our communities. I recommend that we apply our personal networking skills to accelerate building the NAMI network of supporters and break the stigma of mental illness by aggressive community education. I also recommend we initiate a state-wide marketing campaign to increase general awareness and understanding of mental illness and its impact on individuals, families, and the community and to provide clear information on how to access help in one’s community.

At Large Candidate: Rose McCorkle, M.Ed.

3. What is the most pressing public policy issue facing NAMI Texas members today? What course of action do you suggest?
(Continued from page 7) Advocacy is our answer. We have a strong contingency in NAMI Texas on the Advocacy Committee but the committee can’t do all the work. My belief is that each affiliate must get behind the effort and do as much as possible to keep abreast of the issues and take action accordingly. The Walk on the Capitol is very successful, but advocacy must be a continuous, nose to the grindstone kind of work so everyone needs to continue to contact his/her legislator and senator to be more effective in influencing voting. Stay educated, stay active!

4. What brought you to NAMI—and what is most valuable to you about your participation in the NAMI movement?
I’ve been involved with NAMI for 4 years. I started by volunteering on the Austin’s Walk Committee. I worked for months preparing for the walk, but my family reunion was the same day. I kidded that I’d do the ‘leg work’, but everyone else will walk. After months of work I skipped my family reunion and 4 generations of my family walked for NAMI. I learned about fundraising. It wasn’t so much asking for money as educating people about mental illness and inviting them to give. I also started training in NAMI Signature Programs. At first I trained in the consumer program and then expanded my training to the family ones after a family member had an extended stay with me. Then my opportunities broadened when the NAMI TX BOd appointed me as chair of the steering committee to set up the NAMI TX Consumer Council beginning in 2010 and it has gotten off to a good start. We now have membership and active subcommittees in education, advocacy, and affiliate development. Last year I was elected to NAMI Austin’s BOd as the Education Liaison and I help develop presentations for our speaker’s bureau and I mentor in the NAMI courses. I feel at this time education is vital to the success of NAMI Texas. I don’t mean just our Signature Programs. These are important and I would love to see every affiliate have active programs. Education also includes advocacy. We must stay informed about issues affecting us and be proactive in our advocacy. Knowing that Texas is last in the US in mental health funding makes this an urgent issue because all people need to know about funding for mental illness and it’s our responsibility to educate the public and expand our outreach.

5. What is the most pressing internal or organizational issue facing NAMI Texas today? What course of action do you suggest? NAMI Texas is depending on non-discretionary funds as it’s major funding source. What this means in our organization is that the money we have is given by grants. Grants are an excellent source of money, but are not guaranteed as a funding source. NAMI TX needs to develop a strategic plan that addresses this issue and puts a strong workforce behind it. Fundraising for discretionary funding should be a top priority for the BOd in the next few years. A plan involving specific fundraising events, systematic relationship building with potential funders, endowments, and other sources of funding needs to be established with full board participation.
Consider The Bylaws Amendments

This year five amendments to the NAMI Texas Bylaws have been proposed. Bylaw amendments may be proposed by NAMI Affiliates, or by a member of a committee of the NAMI Texas Board of Directors. Bylaw changes require a two-thirds majority from voting members to pass. Text proposed for removal is italicized; text proposed to be added is underlined. For a complete copy of the current NAMI Texas Bylaws, visit www.namitexas.org.

PROPOSED BYLAWS AMENDMENTS

PROPOSED BYLAW AMENDMENT #1 (Article I, Section 4)

Article I, Section 4: Mission

(NAMI Texas, in partnership with our Affiliates, is dedicated to eradicating the stigma, myths and misconceptions of mental illnesses, to improving the quality of life for all who are affected by these illnesses, and to supporting recovery. We support our Affiliates by providing leadership, training and technical assistance. We are dedicated to serving our communities by empowering consumers and families and promoting meaningful systems change.)

A. "NAMI TEXAS is dedicated to improving the quality of life of all individuals affected by mental illness."

B. “NAMI TEXAS is dedicated to improving the quality of life of all individuals living with mental illness and their families.”

(Rationale: An appropriate Mission Statement should be simple and easily remembered. The Bylaws/Governance Committee believes that the membership should choose the most appropriate Mission Statement. Items crossed out above will be considered as Goals.)

PROPOSED BYLAW AMENDMENT #2 (Article III, Sections 1, 2, 4, 5 and 6)

Article III. Membership Meetings and Elections

Section 1. Annual Meetings

The annual business meeting of the membership shall be held during September, October or November of each year unless otherwise directed by the Board of Directors. The purpose of this meeting may include the election of Board members, and the adoption of any amendments to or revision of the Bylaws. Written notice of this meeting shall be mailed, or sent by electronic communication, to each Affiliate and each member not less than thirty (30) days or more than sixty (60) days prior to the meeting. All membership business meetings shall be open meetings.

Section 2. Special Meetings

B. No business shall be transacted at special meetings except as stated in the notice of the meeting. Written notices of special meetings shall be mailed, or sent by electronic communication, not more than sixty (60) days, and not less than thirty (30) days prior to the meeting.
Section 4. Quorum

A quorum shall be established if two (2) of the following three (3) conditions are met:
A. Seventy-five (75) Members as of the record date are in attendance at the meeting.
B. Twenty-percent (20%) of the total NAMI Texas Affiliates are represented by a Member of their Affiliate, who has been certified to represent the Affiliate and who is present for certification, according to procedures as established by NAMI Texas. A Member shall be certified to represent only one Affiliate.
C. Ten percent (10%) of the (requested) mail-in ballots returned.

Section 5. Elections Other Than at Annual or Special Meetings

From time to time the Board of Directors may convene an annual election without a co-occurring annual or special meeting. For such elections, the record date for determining Members who are eligible to receive ballots and to vote shall be sixty (60) days prior to the election.

Section 6. Voting Process

A. Votes cast by NAMI Texas Members in good standing as of the record date shall be by official secret ballot in person or by mailed ballot provided by NAMI Texas according to procedures adopted by the Board of Directors.
B. References to votes cast by Members or votes eligible to be cast by Members shall mean the votes of Members who were Members of NAMI and NAMI Texas as of the Record Date and who are present at the meeting or by mail-in ballot as determined by the number of Members who sign up for ballots at the meeting and/or ballots which have been mailed in prior to the (meeting) election according to procedures adopted by the Board of Directors.
C. Cumulative voting shall not be permitted. Mailed ballots expire at the end of the (meeting) election for which they were issued.
D. A majority of the votes cast by Members shall, except where otherwise required by law, by the Articles of Incorporation, or by these Bylaws, decide any issue brought before any regular or special meeting or by mailed ballot.

(Rationale: The changes in Article III provide for elections to be held at the regular time in the event that the annual meeting is held at a different time. For example, in 2013, the national NAMI convention will be held in San Antonio, so this permits the holding of the annual meeting of NAMI Texas in conjunction with the NAMI convention/annual meeting. Thus, elections can be held in the fall by mail ballots without the need for a special meeting for that purpose.)

PROPOSED BYLAW AMENDMENT #3 (Article IV, Sections 3, 4 and 5)

Article IV. Board of Directors

Section 3. Nominations

C. The Nominating Committee (will) shall prepare a slate of nominees for the Board of Directors. This slate shall may include nominees in excess of the vacant positions.

Section 4. Terms of Office

No immediate family members (can) may serve as voting directors on the Board of Directors at the same time.

(Rationale: The above two sections reflect current practice.)
CONSIDER THE BYLAW AMENDMENTS

PROPOSED BYLAW AMENDMENT #4 (Article VI, Sections 1, 2, and 4)

Section 5. Start of Term

New Board Directors will assume office (at the close of the annual meeting) after notification of the results of the election. At the first meeting of the Board of Directors after the (annual meeting) election (not more than 45 days from (said annual meeting the election), the Board will elect the officers from among the directors for a term of one year. Officers are eligible for reelection. (Rationale: This change is needed to conform to the changes in Article III.)

Article VI. Directors’ Meetings

Section 1. Regular meetings

The Board of Directors shall meet at least twice a year at such time and place as the Board of Directors selects. Written notice shall be mailed, or sent by electronic communication, to each member of the Board of Directors and each Affiliate not less than thirty (30) days prior to the meeting. (The first Board of Directors meeting of the fiscal year following the election shall be held no later than forty-five (45) days after the annual meeting.) Meetings of the directors or committees may be held by teleconferencing, provided that all the members participating can hear and speak to each other simultaneously. (Rationale: There is a sentence that is not needed)

Section 2. Special Meetings

Special meetings may be called by the President or by written request of at least five (5) Directors. Written notice shall be mailed, or sent by electronic communication, to each member of the Board of Directors and each Affiliate not less than thirty (30) days prior to the meeting. The time, place, and purpose of the meeting shall be stated in the notice. (Rationale: These changes reflect modern forms of communication.)

Section 4. Quorum

The larger of (A) a simple majority of the voting members of the Board of Directors, or at least five (5), shall constitute a quorum for the purpose of conducting the business of the organization; and a majority of those present shall have power to act in all matters, except as specifically provided to the contrary elsewhere in these Bylaws, provided, however, that no real estate of the corporation shall be sold, leased, mortgaged, or otherwise disposed of, except by resolution approved by not less than a majority of the Board of Directors. (Rationale: This change is made to conform to the requirements of the Texas Non-Profit Statutes.)

PROPOSED BYLAW AMENDMENT #5 (Article VII, Section 3)

Article VII. Officers/Employees/Agents

Section 3. Executive Director

(The) An Executive Director (of) may be employed by and will be under the direction of the Board of Directors of NAMI Texas (is under the direction of the Board of Directors and the Executive Committee.) The Executive Director reports to the President of NAMI Texas, as well as to the full Board of Directors, and shall have general direction of and supervision over the day-to-day affairs of the corporation. The Executive Director shall exercise such authority and perform such duties as the Board of Directors may from time-to-time assign to the Executive Director. (is responsible for the oversight of and the daily operation and management of the organization. The Executive Director has the authority to hire and dismiss employees of NAMI Texas.) The Executive Director has no voting rights on the Board of Directors. (Rationale: Modeled after the NAMI bylaws: “An Executive Director may be employed by the Board of Directors and shall have general direction of and supervision over the day-to-day affairs of the corporation. The Executive Director shall exercise such authority and perform such duties as the Board of Directors may from time to time assign to the Executive Director.”)
Join us for the 2012 NAMI Texas Conference!
Partnering for Change, Building the Future

**Thursday, November 1 – Saturday, November 3**
Sheraton Hotel at the Capitol, Austin, Texas

**Registration is $95 before October 1, 2012, and is $125 after**
You may register online at [www.namitexas.org](http://www.namitexas.org).
Or, forms may be mailed to the NAMI Texas office at:
NAMI Texas; Fountain Park Plaza III; 2800S. IH35, Suite 140; Austin, TX 78704
You may also call the office at (512) 693-2000 or 1 (800) 633-3760.

**To book your hotel room at the discounted rate of $129/night,**
please contact the [Sheraton Hotel at the Capitol](http://www.namitexas.org), or go to [www.namitexas.org](http://www.namitexas.org) for further details.
Group rate available until October 11, 2012. Up to four people per room at no extra cost.

We hope to see you there!

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**Please join us Friday, November 2, 2012 at 9 a.m.**
to hear Keynote Speaker, Penelope Frese, Ph.D.

Penny, wife of Dr. Fred Frese, is a noted psychologist, mental health advocate and mother to four grown children, all of whom were diagnosed with a mental illness in childhood or youth.

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Penny is the writer/producer of four educational videos for this age group: the award winning *Claire’s Story, The Best Time: Beating Depression on the College Campus, Everyday Heroes, and Thick ‘n Thin: Understanding Teen Depression.*

She is a founding member of the Coalition for Children’s Mental Health, and with her family, she has been featured on NBC, CNN, the *Wall Street Journal* and numerous local television and radio programs.
# NAMI Texas Conference Schedule: Day One
**Thursday, November 1, 2012**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
<th>Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 p.m.</td>
<td>Movie — 1st Feature</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:45 p.m.</td>
<td>Movie — 2nd Feature</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Welcome</td>
<td>Andrea Hazlitt, PhD, NAMI Texas Board President</td>
<td>NAMI Texas</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Robin Peyson, MHSA, NAMI Texas Executive Director</td>
<td></td>
</tr>
<tr>
<td>9 - 10 a.m.</td>
<td>Keynote Address—Strategies for Early Detection and Intervention in Children’s Mental Health</td>
<td>Penny Frese, PhD</td>
<td>Coalition for Children’s Mental Health</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>1st Breakout Session (1 hr)</td>
<td>Maurice Dutton, PhD</td>
<td>NAMI TX Board Directors</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ed &amp; Jackie Dickey</td>
<td>with family members</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Heidi Smith</td>
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<td></td>
<td></td>
<td>Lauren Cohen, LMSW</td>
<td>Via Hope</td>
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<td></td>
<td></td>
<td>Angie Jackson, MBA</td>
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<td></td>
<td></td>
<td>Judge Oscar Kazen, JD</td>
<td>Bexar County</td>
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<td></td>
<td></td>
<td>Associate Probate Judge</td>
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<tr>
<td></td>
<td></td>
<td>Consuelo Walss-Bass, PhD</td>
<td>University of Texas Health</td>
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<td></td>
<td></td>
<td></td>
<td>Science Center at San Antonio</td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>LUNCH</td>
<td>Panel: NAMI Connections Dallas policemen and military veterans</td>
<td>NAMI Dallas</td>
</tr>
<tr>
<td>1 p.m.</td>
<td>2nd Breakout Session (1.5 hr)</td>
<td>Cema Mastroleo, MEd</td>
<td>SafePlace, Austin</td>
</tr>
<tr>
<td></td>
<td>Beyond Labels: Interpersonal Violence and Mental Health</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>The Bully Victim Paradox: Ramifications for Mental Health</td>
<td>Albert Felts, MA</td>
<td>Region 13 Texas Education Service Center</td>
</tr>
<tr>
<td></td>
<td>Working with Your Representative</td>
<td>Rep. Elliott Naishtat</td>
<td>Texas House of Representatives</td>
</tr>
<tr>
<td></td>
<td>Standards of Excellence</td>
<td>Ben Staples</td>
<td>NAMI Center of Excellence</td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td>BREAK</td>
<td></td>
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</tbody>
</table>

Please note that Conference schedule is subject to change.

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**NAMI Texas Conference Schedule: Day Two**

**Friday, November 2, 2012**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
<th>Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 a.m.</td>
<td>Welcome</td>
<td>Andrea Hazlitt, PhD, NAMI Texas Board President</td>
<td>NAMI Texas</td>
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<td></td>
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<td>Robin Peyson, MHSA, NAMI Texas Executive Director</td>
<td></td>
</tr>
<tr>
<td>9 - 10 a.m.</td>
<td>Keynote Address—Strategies for Early Detection and Intervention in Children’s Mental Health</td>
<td>Penny Frese, PhD</td>
<td>Coalition for Children’s Mental Health</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>1st Breakout Session (1 hr)</td>
<td>Maurice Dutton, PhD</td>
<td>NAMI TX Board Directors</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ed &amp; Jackie Dickey</td>
<td>with family members</td>
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<td></td>
<td></td>
<td>Heidi Smith</td>
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<td></td>
<td></td>
<td>Lauren Cohen, LMSW</td>
<td>Via Hope</td>
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<td>Angie Jackson, MBA</td>
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<td></td>
<td></td>
<td>Judge Oscar Kazen, JD</td>
<td>Bexar County</td>
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<td></td>
<td></td>
<td>Associate Probate Judge</td>
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<td></td>
<td></td>
<td>Consuelo Walss-Bass, PhD</td>
<td>University of Texas Health Science Center at San Antonio</td>
</tr>
<tr>
<td>11:15 a.m.</td>
<td>LUNCH</td>
<td>Panel: NAMI Connections Dallas policemen and military veterans</td>
<td>NAMI Dallas</td>
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<tr>
<td>1 p.m.</td>
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<td>Cema Mastroleo, MEd</td>
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<td>Beyond Labels: Interpersonal Violence and Mental Health</td>
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<td>Working with Your Representative</td>
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<tr>
<td></td>
<td>Standards of Excellence</td>
<td>Ben Staples</td>
<td>NAMI Center of Excellence</td>
</tr>
<tr>
<td>2:30 p.m.</td>
<td>BREAK</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time</td>
<td>Session</td>
<td>Speaker(s)</td>
<td>Location/Organization</td>
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<tr>
<td>2:45 p.m.</td>
<td>3rd Breakout Session (1.5 hr)</td>
<td>Current And Future Treatment Interventions for PTSD and TBI</td>
<td>Frank Tejada Outpatient VA Clinic, San Antonio, TX</td>
</tr>
<tr>
<td></td>
<td>CEUs provided</td>
<td>Rev. LTC Peter E. Bauer, MS</td>
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<td></td>
<td></td>
<td>Barbara Vinson, MEd</td>
<td>NAMI Austin</td>
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<td></td>
<td></td>
<td>Julian Vasquez, MA</td>
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<td></td>
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<td>June Scogin, MA</td>
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<td></td>
<td>Audra Shugart</td>
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<td></td>
<td></td>
<td>Beyond Support Groups: Keeping Members Engaged</td>
<td>NAMI West and Metro Houston</td>
</tr>
<tr>
<td></td>
<td>CEUs provided</td>
<td>Alice Brink &amp; Susan Deynes-Moody</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help for my Kid: One Organization’s Efforts to Erase Stigma and Increase Ease of Access</td>
<td>Kathy Cunningham, RN</td>
<td>Administrator of Managed Care at Clarity Child Guidance Center</td>
</tr>
<tr>
<td></td>
<td>CEUs provided</td>
<td>Shifting Through the Shame</td>
<td>Lone Star Behavioral Health Houston, TX</td>
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<td></td>
<td>Ashley Montondon, LMSW</td>
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<tr>
<td></td>
<td>Sharing Hope: Opening the Door into African American Communities</td>
<td>Cathy Spencer, LCSW-BCD</td>
<td>NAMI Austin</td>
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<td></td>
<td>CEUs provided</td>
<td>Margo Williams, BAAS</td>
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<td>Kentra Malone, JD</td>
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<td></td>
<td>4:15 p.m.</td>
<td>BREAK</td>
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<tr>
<td></td>
<td>4:30 p.m.</td>
<td>Voting Ends</td>
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<tr>
<td></td>
<td>4:30 p.m.</td>
<td>4th Breakout Session (1 hr)</td>
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<tr>
<td></td>
<td></td>
<td>Wellness, Positive Lifestyle Choices and the Change Process</td>
<td>Clarity Child Guidance Center San Antonio, TX</td>
</tr>
<tr>
<td></td>
<td>CEUs provided</td>
<td>Shawn Owens, MSN</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Help for my Kid: One Organization’s Efforts to Erase Stigma and Increase Ease of Access</td>
<td>Kathy Cunningham, RN</td>
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<td>Beyond Support Groups: Keeping Members Engaged</td>
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<td>Alice Brink &amp; Susan Deynes-Moody</td>
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<td>Barbara Vinson, MEd</td>
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<td>Julian Vasquez, MA</td>
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<td>June Scogin, MA</td>
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<td>Audra Shugart</td>
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<tr>
<td></td>
<td>5:00 p.m.</td>
<td>NAMI Texas Consumer Council Business Meeting</td>
<td></td>
</tr>
<tr>
<td>6:30 p.m.</td>
<td>Dinner is Served</td>
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</tr>
<tr>
<td>7:00 p.m.</td>
<td>NAMI Texas Awards Presentation</td>
<td>Sister Nancy Kehoe, RSCJ, PhD</td>
<td>Professor of Psychology, Harvard University, author of “Wrestling with our Inner Angels”</td>
</tr>
<tr>
<td>7:30 p.m.</td>
<td>SPEAKER with book signing to follow</td>
<td></td>
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</tr>
</tbody>
</table>

Please join us Friday night for the NAMI Texas Awards Presentation and Dinner!

Featuring Sister Nancy Kehoe, RSCJ, PhD
Author of “Wrestling with Our Inner Angels: Faith, Mental Illness and the Journey to Wellness”

Dinner tickets may be purchased separately.
# NAMI Texas Conference Schedule: Day Three
## Saturday, November 3, 2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
<th>Location/Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 a.m.</td>
<td>Affiliate Leader Appreciation Breakfast</td>
<td></td>
<td>Presentation of the Fifth Annual Statewide NAMI Texas Membership Drive Award, Affiliate Recognition and Networking</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>5th Breakout Session (1.5 hr)</td>
<td>Richard Warner, MD</td>
<td>Director, Colorado Recovery, Boulder, CO</td>
</tr>
<tr>
<td>CEUs provided</td>
<td><strong>Recovery, Employment and Empowerment</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CEUs provided</td>
<td><strong>Focusing on Strengths: Everyone Can be an Asset Builder!</strong></td>
<td>Beverly Bernzen, MSW, LCSW</td>
<td>The Family Resource Center, Lake Jackson, TX</td>
</tr>
<tr>
<td></td>
<td><strong>Grant Writing</strong></td>
<td>Miles Kechter, PhD</td>
<td>NAMI Waco</td>
</tr>
<tr>
<td>CEUs provided</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Prosumers – Regaining Power Through Utilizing your Voice</strong></td>
<td>Anna Gray, MEd</td>
<td>Prosumers International</td>
</tr>
<tr>
<td></td>
<td><strong>Prosumers International</strong></td>
<td>Janet Paleo</td>
<td></td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>BREAK</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>6th Breakout Session (1.5 hr)</td>
<td>Adrienne Kennedy, MEd</td>
<td>NAMI Austin</td>
</tr>
<tr>
<td>CEUs provided</td>
<td><strong>Growing Local-NAMI Signature Programs</strong></td>
<td>Norma Bangs</td>
<td></td>
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<tr>
<td>CEUs provided</td>
<td></td>
<td>Rose McCorkle, MEd</td>
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<tr>
<td></td>
<td><strong>Trauma and Identify Formation</strong></td>
<td>Elizabeth Newlin, MD</td>
<td>Menninger Clinic: Department of Psychiatry &amp; Behavioral Sciences, Baylor College Medicine</td>
</tr>
<tr>
<td>CEUs provided</td>
<td></td>
<td>Sandy Soenning, PhD</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Vet TRIIP: Multi-Modality Immersion Programs for Veterans with Post-Traumatic Stress Symptoms</strong></td>
<td>Bob Deschner, MS</td>
<td>NAMI San Antonio</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Dottie Goodsun, M.Ed, Level II Certified EFT Practitioner</td>
<td></td>
</tr>
<tr>
<td>CEUs provided</td>
<td><strong>An Overview of DBT Skills</strong></td>
<td>Karyn Hall, PhD</td>
<td>Dialectical Behavior Therapy Center in Houston</td>
</tr>
<tr>
<td>11:45 a.m.</td>
<td>BREAK &amp; Hotel Check-out</td>
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<td></td>
</tr>
<tr>
<td>12 p.m.</td>
<td>NAMI Texas Annual Meeting and Awards Luncheon</td>
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<td></td>
</tr>
<tr>
<td>12:30 p.m.</td>
<td>Program Begins</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>Ask the Doc</td>
<td>Lisa R. Carchedi, MD</td>
<td>UTMB/Austin Psychiatry Clerkship Director, Assistant Professor of Psychiatry</td>
</tr>
</tbody>
</table>

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*The NAMI Texas Board of Directors’ Meeting will be held at 9 a.m. on Sunday, November 4. It is open to the public. If you plan to attend, please contact Kelly Jeschke at kjeschke@namitexas.org.*
NAMI Mission:
NAMI Texas, in partnership with our Affiliates, is dedicated to eradicating the stigma, myths and misconceptions of mental illness, to improving the quality of life for all who are affected by these illnesses, and to supporting recovery.
We support our Affiliates by providing leadership, training and technical assistance. We are dedicated to serving our communities by empowering individuals living with mental illness and families and promoting meaningful systems of change.

Memberships:
To become a Member of NAMI, please contact your local affiliate at www.nami.org/local.

Corporate Partnerships:
To become a Corporate Partner, please contact Robin Peyson at 512-693-2000.

Donations:
To make donations to NAMI Texas, please visit www.namitexas.org, or call us at 1-800-633-3760.

Kathleen Burnside, Grant Writer
Patti Haynes, Education Director
Greg Hansch, Policy Coordinator
Stacy Hollingsworth, SOE Affiliate Coordinator
Kelly Jeschke, Membership Coordinator & Office Manager
Aeren Martinez, Development Director
Robin Peyson, Executive Director
Alexis Wadsworth, Communications Director
Maurice Whitfield, Advocacy Coordinator
Julia Wilson, Assistant to Executive Director

For more details, go to www.namitexas.org and search under “About Us”, “Reports”