Greetings!

December is a time to look back and celebrate the success of the year while looking ahead to plans for the new year.

At NAMI Texas, we are grateful for the support of volunteers, donors, and staff for making our 2016 a very memorable year.

As we look ahead to 2017, we are excited about the opportunities we have to continue our work to improve the lives of those living with mental illness and their families and support systems.

Affiliate Outreach and Support

2016 has been another exciting year for NAMI Texas and our Affiliates. We have been offering ongoing support to our Affiliates on the completion of the Standards of Excellence process, whereby Affiliates across the nation must demonstrate attainment of operational standards set by NAMI.

While our existing Affiliates continue to provide an array of programs and services throughout the state, NAMI Texas has been working extensively with new Affiliate start-ups in the state, including NAMI Laredo, NAMI Hunt County, and NAMI Abilene. You can find a list of all Texas Affiliates on our website [HERE](#).

If you have a local Affiliate, we encourage you to get in contact with them and get involved!

Programs and Services

NAMI Homefront, a free, 6-session educational program for families, caregivers and friends of military service members and vets with mental health conditions, launched in Texas in 2016. Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends.

Join Us!

Are you a member of NAMI Texas? Show your support by joining today. It only takes a few minutes for you to get involved. Join through your local NAMI Texas Affiliate and stay up-to-date on what’s happening in your area.

Give Help and Hope

Give a gift in honor or memory of someone special, and NAMI Texas will send out an acknowledgement card on your behalf.

By the numbers:

**$25** - Provides an hour of technical assistance to volunteers wanting to start new NAMI Affiliates to serve their area.

**$50** - Provides phone and email support to individuals or family members needing referrals, resources, and a caring person to provide help and hope.

**$100** - Provides training and resources to local volunteers with advocacy efforts.

**$250** - Supports a workshop at the annual NAMI Texas conference.

**$500** - Provides training and resources for a statewide trainer for NAMI programs and services.

Don't Forget!
Advocacy and Public Policy

NAMI Texas held our first NAMI Smarts Teacher Training in 2016, training 17 new Smarts teachers. These teachers are already providing classes in their local communities, helping people living with mental illness, friends and family transform their passion and lived experience into skillful grassroots advocacy.

Looking ahead to 2017, on February 8th, mental health advocates will gather at the Texas State Capitol to raise our voice for mental health reform.

**LET'S MOVE ON MENTAL HEALTH** is our theme. We're going to move the conversation on mental health forward this February 8th. But in order to do so, we need you to join our call for reform. We will have an advocacy training in the morning, lunch that is included with the registration fee, a rally on the South Steps of the Capitol, and then visits with legislators. Please join NAMI Texas and our partners on February 8th as we speak with one voice together for mental health reform.

For more information on the 2017 Capitol Day, please click [HERE](#). To register for the Capitol Day Rally, please click [HERE](#).

We have heard from a few people experiencing challenges with the registration link. Usually, the issue can be addressed by switching Internet browsers. If you continue to have trouble registering, please contact Greg at publicpolicy.director@namitexas.org or 512-693-2000.

That's a Wrap - 2016 Annual Conference

Over 250 participants gathered in Austin in October for the 2016 Annual Conference, Spotlight on Mental Health. Attendees indicated that the keynote speakers, workshops, and exhibits were all well received, and that the opportunity to network and connect were much appreciated.

As we begin planning for the 2017 conference, please let us know your thoughts. Please share your ideas for keynote speakers, workshop topics, and...
Got Stock?

Did you know that NAMI Texas is able to accept gifts of stock? We can!

If your end-of-the-year gift planning includes a donation of stock, please consider choosing NAMI Texas as the recipient of your gift.

Our brokerage account is with Fidelity Investments.
Account #Z47-918538
DTC #0226

We of course also accept gifts via check, credit card, or via our online account. Click HERE to give today.

IRS on Charitable Contributions

We want to hear from you! NAMI Texas values your thoughts and ideas. So please share with us. You can reach us at 512-693-2000 or at officemanager@namitexas.org.

Head over to our Facebook page and let us know what you hope to see from NAMI Texas in 2017!

With warmest wishes,

Your NAMI Texas Team