2015 Board of Directors

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Jamie Parsons, Texas Consumer Representative to the NAMI Texas Board
Maurice Dutton, TCOOMMI Representative
Jackie Shannon, Parliamentarian

2015 Staff

Holly Doggett, Executive Director (9/15)
Ed Dickey, Interim Executive Director
Greg Hansch, Public Policy Director
Kelly Jeschke, Office Manager

Proudly Serving Texans
Welcome

Letter from the President

2015 has been a year of many advances and growth for NAMI Texas. We were able to bring our experienced public policy director back on staff in a full-time position, and we were able to hire a new, full-time executive director. Both roles are key to our organization as we move forward with our mission of improving the quality of life of all individuals living with mental illness, and their families and support systems.

It has also been exciting for our members across the state to see new affiliates sprout and grow in many places where they are drastically needed. Texas is also one of the states leading the nation in affiliates having completed Standards of Excellence. So our education and outreach efforts are starting to make a difference.

Our relationship with the state legislature, state government, and the nonprofit community is strong in thanks to the hard work of our dedicated staff and board. The future is bright for NAMI Texas as long as we stay the course on what we do best: provide education, support, and advocacy for the people of the State of Texas.

Mission & Vision

NAMI Texas is dedicated to improving the quality of life of all individuals living with mental illness and their families.

The vision of NAMI Texas is to ensure acceptance of and treatment for all those with mental illness to facilitate recovery.

While retaining our grassroots values, NAMI Texas will:

• become the most effective provider of support and educational opportunities reaching all persons in the state;
• dramatically grow the membership;
• eliminate the stigma of mental illness; and
• lead the way with successful advocacy efforts.

Education

In partnership with local affiliates, NAMI Texas provides free education designed to help families and individuals cope with mental illness. Programs range from 12-week classes focusing on caring for loved ones with mental illness to weekly support groups to community presentations aimed at increasing awareness about mental health issues.

<table>
<thead>
<tr>
<th>2015 Program Stats</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>New State Trainers</td>
<td>15</td>
</tr>
<tr>
<td>Trainings Offered by NAMI Affiliates in Texas</td>
<td>27</td>
</tr>
<tr>
<td>New Teachers, Presenters, &amp; Facilitators</td>
<td>214</td>
</tr>
<tr>
<td>Education Classes</td>
<td>91</td>
</tr>
<tr>
<td>Graduates of Education Classes</td>
<td>912</td>
</tr>
<tr>
<td>Mental Health Presentations</td>
<td>270</td>
</tr>
<tr>
<td>People Reached Through Presentations</td>
<td>6,650</td>
</tr>
<tr>
<td>NAMI Family Support Group Participants</td>
<td>4,009</td>
</tr>
<tr>
<td>NAMI Connection Support Group Participants</td>
<td>3,751</td>
</tr>
</tbody>
</table>

Program Offerings in 2015

Peer-to-Peer
Connection Support Recovery Group
Family-to-Family
Partnerships
Family Support Group
NAMI Basics
NAMI Ending the Silence
In Our Own Voice
Provider Education
Parents & Teachers as Allies
Profile: Betty Buckley

I came to NAMI, like many, in a state of confusion. Our family member was suffering, and we were suffering as well. My experience has transformed me into an activist for NAMI, and for families living with mental illness.

My husband and I are recent graduates of NAMI’s Family to Family program, which is a most amazing - and completely free - class. I learned more in 12 weeks than I have in 12 years. I understand more fully from this free program than from all the programs I have paid for, researched, and spent countless nights on the Internet digging to find. What did I find? Knowledge, clarity, support, and a real-world forum to ask questions. But mainly, it was the support. We all need ongoing support in understanding and seeking solutions to this terrifying illness.

As a filmmaker and writer, I love the timeless stories of the battles of good vs. evil, darkness vs. light. I see now, in my own loved one, that there is a battle he wages against this disorder of his mind. And he is winning. But like many struggles, it is exactly that - a struggle. He is searching for a place of peace. It’s a daily journey, with the ups and downs that come with any journey. Part of the process is learning to define what that peace means to oneself: what kind of life can be managed, what kind of support is needed, and then most importantly the path to that place of balance. I see it as the true hero’s journey. He is our hero.

Advocacy & Public Policy

Throughout the 2015 legislative session and beyond, NAMI Texas continued to identify and address gaps in the laws related to mental health in Texas. Out of the 140 bills that NAMI Texas tracked, nearly 50 went to the Governor’s desk. Over 60% of the bills that NAMI Texas supported passed both chambers.

On February 19th, 2015, NAMI Texas and our partners hosted the Mental Health Capitol Day Rally and Advocacy Training. This event brought over 350 people to the State Capitol to speak with one voice for mental health reform. Prior to the rally, the advocates were briefed on mental health workforce issues and provided with tips on effective legislative visits. Our rally of support on the south steps of the Capitol featured legislators emphasizing the importance of effective mental health policy and families, consumers, and professionals inciting energy and enthusiasm for mental health advocacy within the large crowd in attendance. After the rally, hundreds of advocates entered the Capitol to visit with their respective legislators.

Among the 2015 advocacy and public policy successes is an approximate $150 million general revenue funding increase in funding for mental health services. For the first time ever, the investment included higher funding levels for outpatient services, alternatives to hospitalization, and inpatient services. Also, NAMI Texas spearheaded an unprecedented effort to establish state funding for recovery-focused Clubhouses. Apart from funding initiatives, NAMI Texas successfully advocated in support of standalone bills to address mental health workforce shortages, improve services for veterans, build supports around children, reduce harm for individuals with co-occurring disorders, and facilitate appropriate interventions for individuals with mental illness involved in the criminal justice system.

Another highlight of 2015 was our emphasis of advocacy trainings for our affiliates and members. We have utilized the NAMI SMARTS for Advocacy training program before to empower families and consumers to share their stories and advocate for mental health reform, but 2015 was the first year that we took steps to ensure that every affiliate across the state has access to the training. To accomplish this, we sent our Public Policy Director to Arlington, VA to become Texas’s first-ever NAMI SMARTS State Trainer. He earned this certification in October, enabling NAMI Texas in 2016 to host our first-ever NAMI SMARTS Teacher Training. Our vision is that every affiliate in Texas will have its own NAMI SMARTS Teacher, so that families and consumers can be locally trained in advocacy and become part of our statewide advocacy network. We are poised for sustained success in our advocacy and public policy work going forward, leveraging leadership at our state organization to amplify the voice of our increasingly empowered affiliates and members around the state.
## Income

<table>
<thead>
<tr>
<th>Contributions: $135,192</th>
<th>Grants: $32,823</th>
<th>Other: $32,809</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Income:</strong> $200,824</td>
<td></td>
<td></td>
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</table>

## Expenses

<table>
<thead>
<tr>
<th>Programs: $146,725</th>
<th><strong>Other:</strong> $20,836</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Expenses:</strong> $167,561</td>
<td></td>
</tr>
</tbody>
</table>

## Financial Status

<table>
<thead>
<tr>
<th>Total assets</th>
<th>$235,105</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total liabilities</td>
<td>$7,165</td>
</tr>
<tr>
<td><strong>Net assets as of December 31, 2015:</strong> $227,940</td>
<td></td>
</tr>
</tbody>
</table>

The 2015 NAMI Texas Audit and Form 990 are available at www.namitexas.org.

### DONORS

**Patron ($10,000+)**
- Anonymous
- Neil Griffin
- Rogers Foundation
- Texas Bar Foundation
- **Benefactor ($5,000-$9,999)**
  - Julie Milam
  - NAMI Collin County
  - NAMI Greater Houston
  - Kathy Thompson
- **Visionary ($1,000-$4,999)**
  - Margarida Anjos
  - Yvonne Broach
  - Lawrence Brzozowski
  - Linda Cantu
  - Colley Family Foundation (Kanalyn Trust)
  - Hannah & Christopher Fryer
  - James & Quinda Gernentz
  - Lonnie & Andrea Hazlitt
  - Jane Hicks
  - Kacey Jackson (The 360 Company)
  - Christina & Todd Judge
- **Benefactor ($5,000-$9,999)**
  - NAMI Clackamas
  - NAMI crowd
  - NAMI Pierce
  - NAMI Snohomish
  - NAMI Wasatch
  - NAMI Waukesha
  - NAMI Wisconsin
  - NAMI Wyoming
  - NAMI Zimbabwe
  - **Supporter ($100-$499)**
  - Elizabeth Ashton
  - Manoj Bapat
  - Benjamin Benone
  - Mark Blockus
  - Linda Boyko
  - Steve Coleman
  - Maurice Dutton
  - Patricia Farra
  - Mary Ferree
  - Alice Harrington
  - Mr. & Mrs. Victor W. Henderson
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  - Ginger Kingston (CC Interiors)
  - Marcie McSwane
  - NAMI
  - Gregory & Bridge Reynolds
  - Amanda Richards
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  - David & Sandy Strauss
  - Soheila & Fred Thum
  - Sophie Tomjanovich
  - Melinda Von Olen
  - Karen White
- **Friends ($1-$99)**
  - Jane Basey
  - Parker & Alejandra Bigley
  - Tami Bradshaw
  - Lucia Butler
  - Melinda Claypool
  - Stephanie Contreras
  - Mary Beth Covey
  - Holly Doggett
  - Marian Elder
  - Mahmoud Elfeky
  - Robert & Valerie Foley
  - Andrea Graves
  - Ramona Gray
  - Bernard & Pamela Greene
  - Ann Herbage
  - Serenah Howard
  - David Hess & Pamela Jones
  - Norma Ingram
  - Alicia Jiles
  - Nancy Johnson
  - Martha & Jerry Kirby
  - Kristal Lopez
  - Robert Maier
  - Lyle Moel
  - Tiffany Murphy
  - Lillian Ortiz
  - James & Mary Jane Petrick
  - William Reuter
  - Jane Romine
  - Jason Sharper
  - Tiffany Shillito
  - Jimmy & Karen Spurlock
  - Jeanne Srafa
  - Jennifer Succi
  - Jennifer Turney
  - United Way of Metropolitan Dallas
  - Deborah Ingle Verlarde
  - Cassandrea Williams
  - Eleanor & Scott Williams
  - William & Janis Wingo
  - Gary & Lucy Woody
  - Nicole Zern

### SPONSORS

**Gold (Conference)**
- AmeriGroup
- Optum

**Silver (Conference)**
- Otsuka

**Bronze (Conference)**
- Green Oaks Hospital

**AWARD RECIPIENTS**

- **Charley H. Shannon Advocate of Justice Award**
  - Sr. Corporal Herbert Cotner

- **Betty Fulenwider Media Award**
  - Mike Barajas

- **Mental Health Professional of the Year**
  - Dr. Octavio N. Martinez, Jr.

- **Volunteer of the Year**
  - Finis Hay

- **Jackie Shannon Enduring Volunteer Award**
  - Andrea Hazlitt