Texas

Annual Report 2017

The Power of Connection

2017 Board of Directors

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Sherry Cusumano, Director
Linda Denke, Director
Jesse Flores, Director
Senior Corporal Herb Cotner, Director

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Harold Meyer, Director
Chaplain David Stine, Director
Aimee Turney, Director
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Diane Banks, Texas Consumer Representative to the NAMI Texas Board
Mary Ferree, Parliamentarian

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Patti Haynes, Education Director
Deborah Rosales-Elkins, Peer Policy Fellow
Rebecca Koval, Office Manager/Program Assistant

33 YEARS
Proudly Serving Texans
Welcome

Letter from the President

The year 2017 was a year of great growth and change for NAMI Texas. We have our wonderful affiliates, peers, family members and professionals to thank for this. I have been asked why NAMI Texas has grown this year while other organizations have lost their way either financially or spiritually. I tell them it’s because we are a grassroots organization, we deliver our own programs, and we care more than everyone else.

Growth has its tough spots too – can we keep up with the needs of the new affiliates while still serving our existing ones? Can we add more programming to our affiliates so we can serve the needs of more people – whether they be youth, people of color or older adults?

That is one of NAMI’s hallmarks – changing with the times. Our entree into public policy has been consistently on the mark on where our members want us to be. The revitalization of the Peer Council has brought the energy and peer element to the forefront of where NAMI Texas is headed. For us, by us. Thank you for making this a banner year for NAMI Texas, and thank you for your support.

Mission & Vision

NAMI Texas is dedicated to improving the quality of life of all individuals living with mental illness and their families.

The vision of NAMI Texas is to ensure acceptance of and treatment for all those with mental illness to facilitate recovery.

While retaining our grassroots values, NAMI Texas will:

• become the most effective provider of support and educational opportunities reaching all persons in the state;
• dramatically grow the membership;
• eliminate the stigma of mental illness; and
• lead the way with successful advocacy efforts.

Education

In partnership with local affiliates, NAMI Texas provides free education designed to help families and individuals cope with mental illness. Programs range from 12-week classes focusing on caring for loved ones with mental illness to weekly support groups to community presentations aimed at increasing awareness about mental health issues.

<table>
<thead>
<tr>
<th>2017 Program Stats</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>New State Trainers</td>
<td>24</td>
</tr>
<tr>
<td>Trainings Offered by NAMI Affiliates in Texas</td>
<td>43</td>
</tr>
<tr>
<td>New Teachers, Presenters, &amp; Facilitators</td>
<td>184</td>
</tr>
<tr>
<td>Education Classes</td>
<td>133</td>
</tr>
<tr>
<td>Graduates of Education Classes</td>
<td>1,251</td>
</tr>
<tr>
<td>People Reached Through Presentations</td>
<td>13,315</td>
</tr>
<tr>
<td>People Reached Through Support Groups</td>
<td>6,564</td>
</tr>
</tbody>
</table>
Profile: Diane Banks  
Chair, NAMI Texas Peer Leadership Council

While it may sound dramatic to say NAMI has changed my life for the better, it truly has. My name is Diane Banks and I joined NAMI in the 1st Quarter of 2017 to better understand myself, as my whole life has been severely impacted by mental illness. While living in recovery I also wanted to be a support system to my daughters, my father, and other family members living with serious mental illnesses. I currently represent NAMI El Paso as the Chair of the NAMI Texas Peer Leadership Council. I am also a Certified NAMI Peer-to-Peer Mentor and an In Our Own Voice presenter. I successfully completed the NAMI Peer-to-Peer Recovery Education Course, the Texas Assisted Outpatient Treatment (AOT) Symposium and most recently NAMI Smarts for Advocacy Training. As an 18-year Army Veteran I also want to positively impact the lives of my fellow Veterans who have been affected by mental illness. I have many goals for the future. I would like to change legislation for those impacted by mental illness so that they may have a better quality of life. I would also like to complete my Master’s Degree in Forensic Psychology. NAMI has certainly equipped me to be a messenger of hope for those living and impacted by mental illness. Thank you NAMI, for equipping me to be an advocate and a powerful force of change while helping to reduce stigma!

Advocacy & Public Policy

In 2017, NAMI Texas had an exceptionally engaged and productive year in our advocacy work. The Legislature was in session from January to May and then back for another month over the summer.

Heading into the 2017 regular legislative session, NAMI Texas made 29 specific policy recommendations. Significant progress was made on 18 of these. NAMI Texas testified at least 32 times during the regular session. We received the outcome that we were seeking on 45% of the bills that we spoke-out on when they were heard in committee. Over 95% of bills supported by NAMI Texas that made it to the House or Senate floor advanced to the other chamber. Furthermore, every single bill that NAMI Texas identified as a priority and that made it to the Governor’s desk ended up becoming law.

For the third consecutive session, the Legislature increased funding for mental health services. As a matter of act, the size of the funding increase for mental health and substance use disorder – roughly $800 million – is considered to be historic and unprecedented. On the outpatient services and supports side, this investment includes (but is not limited to) $62.6 million in new funds to address waitlists at community centers, $30 million for community mental health programs, $25 million for homeless service programs, $3.4 million for peer services, and over $1.5 million for Clubhouses. As for inpatient services, the Legislature funded items such as $300 million for the new construction of state hospitals and $20.7 million to purchase additional community psychiatric hospital beds. Also of particular interest in the budget is $37.5 million in funds for jail diversion.

Many standalone bills of interest passed, as well. This legislation includes, but is not limited to: mental health parity reform (by the way, NAMI Texas chairs the workgroup that this legislation created), the Sandra Bland Act, medication access reform, Medicaid after jail, peer services, mental health screening for children, law enforcement mental health bills, expedited licensing for out-of-state psychiatrists, kinship care and foster care bills, and mental health and criminal justice reform.

We would like to extend our appreciation to the Legislature, the Governor, the Speaker, and the Lieutenant Governor for their hard work to improve the quality-of-life for Texans with mental illness and their families. Treatment works, recovery and management of symptoms are possible, and a high quality-of-life can be achieved with access to the right services and supports. Lastly, but certainly not least, we would like to thank our local affiliate organizations and members for working side-by-side on advocacy with NAMI Texas in 2017. Incredible and historic progress was made, but our work is far from complete.
## Financials

### Income

<table>
<thead>
<tr>
<th>Contributions:</th>
<th>Grants:</th>
<th>Other:</th>
<th>Carryover from Prior Year:</th>
</tr>
</thead>
<tbody>
<tr>
<td>$57,984</td>
<td>$195,710</td>
<td>$137,065</td>
<td>$121,909</td>
</tr>
</tbody>
</table>

Total Income: $512,668

### Expenses

<table>
<thead>
<tr>
<th>Programs:</th>
<th>Other:</th>
</tr>
</thead>
<tbody>
<tr>
<td>$469,092</td>
<td>$43,576</td>
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</table>

Total Expenses: $512,668

### Financial Status

<table>
<thead>
<tr>
<th>Total assets</th>
<th>$224,637</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total liabilities</td>
<td>$72,410</td>
</tr>
<tr>
<td>Net assets as of December 31, 2017</td>
<td>$152,227</td>
</tr>
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</table>

The 2017 NAMI Texas Audit and Form 990 are available at www.namitexas.org.

## DONORS

**Patron ($10,000+)**
- The Hogg Foundation
- The Meadows Foundation
- Methodist Healthcare Ministries
- Providence St. Joseph

**Benefactor ($5,000-$9,999)**
- Pfizer

**Visionary ($1,000-$4,999)**
- Abbvie
- Allen Independent School District
- Megan Batchelor
- Yvonne Broach
- Mary Brzowski
- Linda Cantu
- Central Texas Knights of the Roundtable
- James & Ouida Gernentz
- James & Diane Hall
- Jane Hicks
- Lizzy Lu Gift Shop
- Magellan Cares Foundation
- Marriott Grant Foundation
- Bill Matthews
- Harold Meyer
- Shane Kayci
- Janet & Jeff Osborne
- Otsuka
- PhRMA
- David Stine
- Cindy Swain

**Catalyst ($500-$999)**
- James & Dianne Clark
- Joe Fojtasek
- Aurora Garza
- Andrew Horner
- Mr. & Mrs. Douglas McSwane
- Carolyn Osborn
- St. Anne Catholic School

**Supporter ($100-$499)**
- Robert Ainstie
- Madison & Bess Althaus Graham
- Rana Bonds

**Friends ($1-$99)**
- Sharon Carroll
- Margaret Connor
- Coppell High School
- Jennifer Delk
- Holly Doggett
- John Dornheim
- Carol Dowsett
- Jesse Flores
- Thelma & Ken Glasgow
- Mary Griff Gray
- Marilyn Hartman
- Andrea Hazlitt
- Helen & Jerry Hopson
- Cynthia Huppert
- Christina Judge
- Merily Keller
- Alicia Ann Kippen
- Kristy LeBlanc
- Kristy Lee
- Jeffrey Lorge
- Lunar & Planetary Institute
- Dawn McKenzie
- Mark McLane
- Kimaura & David Oztolaza
- Minh Pham
- NAMI Pinellas County
- North Side High School
- Ayde Ramirez
- San Benito ISD
- Heather Sebesta
- Shell Inc.
- Tomball Memorial High School
- Mildred Witte

**Friends ($1-$99)**
- Dennis Ainslie
- Lakesha Alston
- Lisa Ashjian
- Louis Bass
- Rebecca Botello
- Mary Bradford
- Frank Brody
- Kelly Broka
- Katie Brooks
- William Bruce
- Jane Burr
- Marlene Byndon
- Susan Caihll
- James Colburn
- Gloria Coles
- Enell Cooper
- Annette Cottingham
- Edu-Care
- Kim Flynn
- Diana Freeman
- Emily Ganguss
- Bill Glenn
- Elizabeth Goff
- Nancy Hampton
- Brenda Hansen-Fortune
- Tricia Hare
- Patti Haynes
- Sabrina Hickey
- Krystal Holloway
- Dick Johnson
- Pamela Jones
- Susan Kaczmarczik
- Rosemarie Kroft
- Leonie Lain
- Deborah Lazarus
- Tessa Lyde
- Mary & Ronald Mauer
- Michelle Minehan
- Sharon Mollerus
- Ronald Preston
- Mary Beth Principe
- Mark Radford
- Sarah Grant Reid
- Karah Ricketts
- William Ruetter
- Dennis Saffold
- Neal Sarahan
- Tamikka Simms
- Tiffany Weaver
- Patricia Whittier
- Aaron Wolfe
- United Way of Greater Fort Hood

## SPONSORS

- AmeriHealth Caritas
- AmeriGroup
- Baptist Hospitals of Southeast Texas
- Cedar Crest Hospital
- Center for Cognition & Recovery
- Cohen Military Family Clinic
- Cross Creek Hospital
- First Care Health Plans
- Green Oaks Hospital
- Iris Telehealth
- Linda Denke
- Magellan Health
- Methodist Healthcare Ministries
- NEA BPD
- Otsuka
- Sante Center for Healing
- Seton Behavioral Hospital
- Sunovion
- Takeda Lundbeck Pharmaceuticals
- Takeda Pharmaceuticals
- The Wood Group

## AWARD RECIPIENTS

**Charley Shannon Advocate for Justice Award**
- Senator John Whitmire

**Betty Fulenwider Media Award**
- Emily Foxhall, Houston Chronicle

**Mental Health Professional of the Year Award**
- Sharon Butterworth

**Volunteer of the Year Award**
- William Boyd

**Mark Korenek Consumer Quality of Life Award**
- Meredith Stacy Jones

**Jackie Shannon Enduring Volunteer Award**
- Sharon DeBlanc

**Dedication to the Cause Award**
- Eric Kunish