Here's Your Chance to Learn, Share and Celebrate in Austin!
This year's NAMI Texas conference is jam-packed with expert speakers and hot topics!

- Learn from peers and professionals
- Share your experience and knowledge
- Celebrate our state's best at the NAMI Texas Awards Dinner

Register now!

Awards Dinner Features Artist "Just Louis"

This year’s NAMI Texas Awards Celebration, which takes place Friday, October 26th, will feature the live performance of an original song called "Alright" performed by New York rapper "Just Louis" and partner Alexa Doggett. Louis Joshua Vetter is a musician, actor, sound designer, and writer who performs in New York city. He’s happy to open a conversation about mental health through his music. Alexa Doggett is a beloved member of the NAMI Texas family, having spoken most recently at the Empowerment through Collaboration, Communication, and Advocacy conference in May. Alexa is pursuing a career in performing arts in New York.
Sneak Peek: Hot Topics at this Year’s Conference

Cultural Considerations During Early Intervention with First Episode Psychosis
Presenters: Meredith Stacy Jones, Steve Dorsey, Terry Selvera, Veronica Alfalla, Tameka Thompson
What cultural considerations should be made when responding to first episode psychosis? Experts will guide you toward envisioning multiple pathways towards recovery and building a foundation for both the individual and their family for a successful journey towards recovery.

Examining Factors of Resiliency Following Traumatic Events
Presenter: Rose Ann King, Ph.D., LPC-S, LSSP
When working with individuals demonstrating characteristics of trauma, therapists, medical professionals and families need to understand essential elements required to provide support. Learn about interventions that promote resiliency including creating a safe environment, gathering information, and providing connections to resources.

Overcoming Lack of Insight
Presenters: Cheryl Rayl, Rick Rayl
A common symptom of delusional psychiatric disorders is anosognosia, or lack of insight. This presentation will introduce a technique created by Dr. Xavier Amador called LEAP (Listen, Empathize, Agree, Partner.) Learn a communication style that will enable the person you are trying to help to accept what you have to offer.

One Family's Journey Down the Bumpy Road to Mental Health Recovery and Young Adulthood
Presenters: Joseph Tijerina, Melissa Tijerina
Joseph and his mom, Melissa, will discuss detours they navigated at home, school, and in the mental health treatment community, traveling from school suspensions, crisis episodes, and hospitalizations to college enrollment and workforce success. This interactive workshop offers humor, readiness assessment tools, and concrete strategies for families to balance safety and support through parent-child collaboration to prepare youth to manage their mental health as a young adult.

Mental Illness and the Media: Stigma, Stereotypes, and Other Strangeness
Presenter: Anthony Zoccolillo, PhD.
How do we perpetuate stigma associated with mental illness? Learn what stigma is, how misinformation about mental illness is communicated, and both the direct and indirect impact. Dive into the historical role the media has played in communicating misinformation about mental illness. Learn about NAMI's Stigma Free Challenge and ways everyone can help fight against stigma.

Continuing Education Credits for LMFT, LPC and LMSW (9 CEUs) available at no additional charge.

Learn more!
Ask the Doctor:
Shiva Mansourkhani, M.D.

Dr. Mansourkhani will answer your questions in this popular Q & A session. Dr. Mansourkhani is an Assistant Professor specializing in Child and Adolescent Psychiatry at Texas Tech Health Sciences Center El Paso and is Board Certified by the American Board of Psychiatry and Neurology.

Register now!

Show Your Support as a Sponsor or Exhibitor at NAMI Texas 2018

Align your brand with NAMI Texas, the only statewide organization that empowers people with lived experience to give help and hope to others. Your sponsorship helps keep this crucial conference affordable for peers and families traveling from across the state.

Learn about sponsorship opportunities and being an exhibitor!

Register now!