2018 BOARD OF DIRECTORS

John Dornheim  President
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Linda Denke  Director
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Andrew Horner  Director
Harold Meyer  Director
Aimee Mobley-Turney  Director
Leah Thedford  Texas Consumer Representative to the NAMI Peer Leadership Council
Diane Banks  Texas Consumer Representative to the NAMI Texas Board
Mary Ferree  Parliamentarian

2018 STAFF

Holly Doggett  Executive Director
Greg Hansch  Public Policy Director
Patti Haynes  Program Director
Deborah Rosales-Elkins  Peer Policy Fellow
Alissa Sughrue  Policy Coordinator
Rebecca Koval  Office Manager/Program Assistant
NAMI Texas is dedicated to improving the quality of life of all individuals living with mental illness and their families.

2018 was year in which we saw much growth in the affiliates of NAMI Texas—whether A or B—NAMI Texas has more affiliates around the state fulfilling the mission and vision of NAMI. I know for a fact that the staff of NAMI Texas spent many late hours on Standards of Excellence preparations so we wouldn’t have to leave any folks behind.

Between hurricanes (and ensuing recoveries) and other events (children and their families separated at our border with Mexico), we face many mental health challenges. There are many people in need in our state and I know we will be there for them—that is our way.

NAMI Texas has jumped in on the early identification of someone living with a mental illness by promoting and successfully fulfilling the goals of the Ending the Silence Program. Thousands of school children hear us talk about good mental health, help them identify an adult they can trust, and we hope to lead them to ask for help and not take their own lives. Youth, people of color, the Trans and LGBTQ Communities and older adults all need our support, our classes and our help for 2018 and beyond. Thank you for your support.
EDUCATION AND SUPPORT STATS AND OFFERINGS

2018 Program Stats

14 New State Trainers

33 Trainings offered by NAMI Affiliates in Texas

327 New Teachers, Presenters, and Facilitators

111 Education Classes

1,346 Number of people attending classes

18,706 People reached through presentations

8,104 People reached through support groups

PROGRAM OFFERINGS IN 2018

- NAMI Family-to-Family
- NAMI Family Support Group
- NAMI Peer-to-Peer
- NAMI Connection Support Group
- NAMI Homefront Partnerships
- NAMI Family & Friends Seminar
- NAMI Basics
- NAMI Ending the Silence
- NAMI In Our Own Voice
- NAMI Provider
- Parents & Teachers as Allies
Although the Texas Legislature was not in session, NAMI Texas stayed busy throughout 2018. NAMI Texas saw the departure of our Hogg Foundation Peer Policy Fellow, Deborah Rosales-Elkins, but welcomed onto the team our Hogg Foundation Policy Fellow, Alissa Sughrue. NAMI Texas also expanded its advocacy efforts by training 16 new NAMI SMARTS teachers to offer advocacy training to members across the state. As the 86th legislative session approached, NAMI Texas was well-positioned to make a positive impact on the public policy process to help improve the quality of life for individuals with mental health conditions and their family members.

In 2018, NAMI Texas stayed active at the Legislature through legislative visits, testimony at interim hearings, and active involvement in policy implementation. NAMI Texas testified on committee interim charges and the 2020-2021 budget over 20 times. Public Policy Director Greg Hansch continued serving as the chair of the Health and Human Service Commission’s Mental Health Condition and Substance Use Disorder Parity Workgroup, after championing and helping pass state insurance parity House Bill 10. Greg was awarded the Richard T. Greer Advocacy Award by NAMI National and the Luminary Award of the Texas Healthcare and Bioscience Institute. He was featured or quoted in numerous media sources, including the Texas Tribune, Capital Tonight, the Dallas Morning News, the Houston Chronicle, the San Antonio Express-News, and many others.

Before the legislative session began in early 2019, many bills were pre-filed in 2018. These included bills addressing mental health in schools, postpartum depression, suicide prevention, insurance coverage, the criminal justice system, foster care, substance use disorder, and mental health research. NAMI Texas helped put together or was involved in pre-session conversations on each of these bills. Additionally, NAMI Texas successfully advocated for the Health and Human Services Commission to request over $15 million in funding to expand First Episode Psychosis programs, and played a role in securing other strong funding requests from various state agencies.

NAMI Texas also prepared for the 86th Legislative Session through the development of the 2019-2020 NAMI Texas Policy Platform. Using NAMI membership survey data and feedback from the NAMI Texas Public Policy Committee, NAMI Texas released a comprehensive nine-category policy platform report covering a wide range of issues impacting mental health in Texas and presented it at the 2018 NAMI Texas State Conference.
The 2018 NAMI Texas Audit and Form 990 will be available at www.namitexas.org.
## DONORS

**Patron** ($10,000+)
- The Hogg Foundation
- Methodist Healthcare Ministries
- NAMI
- Meadows Foundation

**Benefactors** ($5,000-$9,999)
- Mr. W. Thorpe McKenzie

**Visionary** ($1,000-$4,999)
- Jim and Diane Hall
- Lisa Glass
- Christopher Dombrosky
- James & Ouida Gernentz
- Janet and Jeff Osborne
- Nancy A. Higuchi
- Linda Denke
- Mr. & Mrs. Douglas McSwane
- Harold Meyer
- Bill Matthews
- Yvonne Broach
- NAMI El Paso
- Johnson & Johnson
- PhRMA

**Catalyst** ($500-$999)
- Carolyn Osborn
- Cameron Baynard
- Andrew M Horner
- Jaimmee Zimmerer
- Gary & Barbara Lindner
- David Stine
- Minh Pham
- Douglas McSwane
- Fred Dornheim
- Rana Bonds
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- Rick Bigham
- Pedernales Electric Cooperative, Inc.
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- Allen ISD
- National Life Group Charitable Foundation, Inc.

## SPONSORS

- Palms Behavioral Health
- Neurocrine Biosciences
- Pfizer
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- Magellan Health
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- Sunovion
- The Wood Group
- Charity Charms
- Cedar Crest
- UT Dell Medical School of Psychiatry
- Takeda
- Astra Zeneca
- Correct Care

## AWARD RECIPIENTS

**ADVOCA TE OF JUSTICE AWARD**
- Senate Committee on Health and Human Services

**MEDIA AWARD**
- Betty Fulsneider

**MENTAL HEALTH PROFESSIONAL OF THE YEAR AWARD**
- Keri Blakinger

**VOLUNTEER OF THE YEAR AWARD**
- Andrew Horner

**CONSUMER QUALITY OF LIFE AWARD**
- Valerie Milburn

**ENDURING VOLUNTEER AWARD**
- Doug Beach

**DEDICATION TO THE CAUSE AWARD**
- Carolyn Hamilton
NAMI Texas hosted our first-ever Empowerment Symposium in 2018. It was attended by over 100 people interested in empowering themselves, their families, and their communities!

NAMI Texas was named the 2018 NAMI State Organization of the Year!