Road to Resilience, the 2019 NAMI Texas Annual Conference and Awards Celebration, was held November 8th and 9th at the Houston Marriott West Loop by the Galleria. 425 people attended the Conference and 200 attended the Awards Celebration. If you were there, thank you so much for joining us - we hope you had an enjoyable, enriching experience! If you didn't make it, you can expect to have details soon about the 2020 Conference and Awards Celebration...

Several of the workshop PowerPoints are uploaded at our Conference webpage. If the PowerPoint that you're looking for isn't on there, please let us know!

Fast facts about Road to Resilience:
- 425 awesome attendees throughout the weekend
- 28 well-received workshops on topics ranging from criminal justice to peer
support to children's mental health, and more!
- 2 captivating keynotes
- 18 engaging exhibitors
- 10 amazing awardees
Road to Resilience was a great success. We are deeply grateful to everyone who played a role in it. Stay tuned for an upcoming announcement about the 2020 NAMI Texas Annual Conference and Awards Celebration!
NAMI Texas wishes you a wonderful holiday season! We recommend this guide to managing mental health over the holidays. You might also be interested in listening to this recent interview that we did - it covers a wide range of mental health policy topics!
Thank you to all of our conference sponsors!

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Thank you to our conference exhibitors!
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