Join NAMI Affiliates Across Texas for A National Day of Hope on October 10th!

Watch the video below for a special message from NAMI Texas and our Affiliates!

On October 10th, World Mental Health Day / A National Day of Hope, NAMIWalks events will unite virtually across Texas.

How can you get involved?

It’s simple: look through the list of NAMIWalks taking place on A National Day of Hope at namiwalks.org. Choose a NAMIWalks to support (even if it's not in your hometown - we’re all in this together) and click register!

The Texas Walks include:

- NAMI Brazos Valley
- NAMI Central Texas
- NAMI El Paso
- NAMI Greater Houston
- NAMI San Antonio
Mental Illness Awareness Week runs from October 4-10!

The theme of this year’s Mental Illness Awareness Week is, “What People with Mental Illness Want You to Know.”

On October 8th at 7 pm CT, please join us for a very special evening with Miriam Feldman, the author of the critically-acclaimed book "He Came In With It". Register here!

“A master storyteller, Miriam Feldman reveals the terrible toll schizophrenia inflicts on a loving family and exposes the frustrating deficiencies in our inadequate mental health care system. Ultimately, this book is a testament to the enduring power of a mother’s love and the family bond born from facing hardships that is certain to inspire. From one parent of an adult son with a serious mental illness to another - bravo - bravo!”
- PETE EARLEY, AUTHOR OF CRAZY: A FATHER’S SEARCH THROUGH AMERICA'S MENTAL HEALTH MADNESS, FINALIST 2007 PULITZER PRIZE.

“Captivating, moving, and masterfully wrought, Miriam Feldman’s story invites us inside the most intimate of worlds: a family’s heart and soul. While our journey is not without discomfort, it is also full of humor, joy, love, and inspiration. I marvel at the resiliency of the human spirit revealed in this brilliant memoir; He Came In With It is a redemption story for the ages.”
- GARTH STEIN, NEW YORK TIMES BESTSELLING AUTHOR OF THE ART OF RACING IN THE RAIN

“A compelling and moving account of a mother’s coming to terms with her son’s schizophrenia, at times hopeful about her son and at times despairing. No one understands as well as a fellow sufferer and this book will be a source of understanding, strength and hope for the families of a person with schizophrenia. A really powerful book.”

“We watched Miriam become a Five Star General, in a war against an insidious adversary which threatened to claim the life of her Beautiful Boy. She shows us the way through an unimaginable terror to the light of hope.” - LATANAYA AND SAMUEL L. JACKSON

Register for Book Talk
Join NAMI Texas' Circle of Hope

The **Circle of Hope** is a passionate group of monthly givers who are on a mission to improve the quality of life of all individuals living with mental illness and their families. The current crisis situation has created an unprecedented demand for NAMI Texas’ no-cost mental health resources. Your monthly gift helps NAMI Texas continue to bring hope and recovery through support, education, and advocacy to thousands of Texans living with mental illness and their families. Join [here](#)!