2019 BOARD OF DIRECTORS

- Yvonne Broach, President, At-Large Director
- Andrew Horner, Vice-President, At-Large Director
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- Linda Denke, Region 1, At-Large Director
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- Aimee Mobley-Turney, Region 3, At-Large Director
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- Linda Cantu, Region 8 Director
- Elise Banks, Region 9, At-Large Director
- Jesse Flores, At-Large Director

2019 STAFF

- Greg Hansch, Executive Director (started in March) / Public Policy Director
- Holly Doggett, Executive Director (finished in March)
- Patti Haynes, Program Director
- Grace Mansfield, Community & Affiliate Outreach Coordinator
- Alissa Sughrue, Policy Coordinator
- Rebecca Koval, Office Manager
NAMI Texas can look back on 2019 as a year spent well in supporting the Mission and Vision of our organization. Early in the year hundreds of our members and other Texans came together for the 2019 Texas Mental Health Capitol Day Rally and Advocacy Training that culminated in personal visits with our Texas Legislators and their Assistants. Our Public Policy Director Greg Hansch worked daily to advocate for issues relating to mental health throughout the Legislative Session and Interim. During the Legislative Session Greg shouldered the additional work of serving as the Interim Executive Director of NAMI Texas. We were delighted when he became our fulltime Executive Director at the end of the Legislative Session.

He has been the driving force in the accomplishments of NAMI Texas during this year. To name just a few, NAMI Texas garnered more fundraising to provide mental health education classes in underserved areas of the state; provided additional trainings to local Affiliate teachers, facilitators and leaders; supported several startup groups who plan to become Affiliates in the near future; recruited a Community and Affiliate Outreach Coordinator; and took the lead in producing an updated edition of a book on criminal justice and mental health concerns for Texas attorneys. Our 2019 NAMI Texas Annual Conference in Houston was a great success, and we appreciate the assistance of NAMI Greater Houston and NAMI Gulf Coast in the conference. We hope future conferences will build on this year’s model of purposeful workshops, outstanding keynote speakers and the excitement of the Awards Celebration.

Because of all these efforts and the generosity of our members, staff and supporters, we end the year with a strengthened Mission and Vision. We look forward to 2020.
MISSION

NAMI Texas is dedicated to improving the quality of life of all individuals living with mental illness and their families.

VISION

The vision of NAMI Texas is to ensure acceptance of and treatment for all those with mental illness to facilitate recovery. While retaining our grassroots values, NAMI Texas will:

- become the most effective provider of support and educational opportunities reaching all persons in the state;
- dramatically grow the membership;
- eliminate the stigma of mental illness;
- and lead the way with successful advocacy efforts.
EDUCATION AND SUPPORT STATS
2019 Program Stats

12
New State Trainers

40
Trainings offered by NAMI Texas and NAMI Affiliates in Texas

312
New Teachers, Presenters, and Facilitators

24,706
People reached through support groups

122
Education Classes

1,678
Number of people attending classes

9,072
People reached through presentations
NAMI Family-to-Family:
The Family-to-Family (F2F) education program is a free 12-week education course for families, partners and friends of individuals with a mental health condition.

NAMI Family Support Group:
NAMI Family Support Group (FSG) is a peer-led 90-minute support group for family members, caregivers and loved ones of individuals living with a mental health condition.

NAMI Peer-to-Peer:
The Peer-to-Peer (P2P) curriculum is a free 8-week, peer led, recovery education course open to any person with a serious mental illness who wishes to live well in their recovery.

NAMI Connection Recovery Support Group:
NAMI Connection is a weekly, bi-weekly or monthly 90-minute recovery support group for people living with a mental health condition in which people learn from each others’ experiences, share coping strategies, and offer each other encouragement and understanding

Partnerships:
The Partnerships curriculum is a free education program that allows teams comprised of family members and professionals to provide collaborative educational workshops.

NAMI Family & Friends:
NAMI Family & Friends is a 90-minute or 4-hour seminar that informs and supports people who have loved ones with a mental health condition.

NAMI Basics:
Basics is a free 6-week education program specifically for parents and other caregivers of children and adolescents who have a mental health condition.

NAMI Ending the Silence:
NAMI Ending the Silence is an in-school presentation about mental health designed for middle and high school students. ETS for Staff and ETS for Parents is also available.

NAMI In Our Own Voice:
In Our Own Voice (IOOV) is a unique public education presentation that offers insight into the hope and recovery now possible for people with severe mental illness.

NAMI Provider:
Provider Education offers 15 or 4-hours of in-service training to line staff at public mental health agencies, taught by a trained 5-member team of family members, consumers and a mental health provider who is either a family member or a consumer.

Parents & Teachers as Allies:
Parents and Teachers as Allies offers 2 ½ hours of in-service training for teachers and school professionals, helping them to recognize and identify early-onset mental illness in children and adolescents.

NAMI Homefront:
The Homefront program, a free 6-week education course, was developed to meet the unique needs of families of Service Members and Veterans who live with a mental health condition.

Bridges to Hope:
Bridges to Hope is a 3-hour mental health training for faith leaders, staff and key outreach volunteers to help people navigate serious, sometimes life-threatening, mental health issues.
The 86th session of the Texas Legislature brought continued progress on mental health policy. As we head into the next decade of mental health advocacy in Texas, we will look back on the current decade with immense gratitude for the considerable improvements that policymakers have made over the last several legislative sessions. We will also reflect upon the fact that the work on policies affected people with mental health conditions and their families is far from over - in fact, we must approach future legislative sessions with greater purpose and clarity, because NAMI members in Texas continue to report profound gaps and missed opportunities that affect their quality-of-life.

NAMI Texas maintained a highly active and visible presence at the Capitol throughout the session. We led or played a role in many of the successful policy proposals described in this report. Our members asked us to focus our efforts on 9 distinct mental health policy issue areas - we are proud to report that Legislation was passed in 8 of our 9 priority area. We provided testimony in legislative committee over 40 times, visited countless offices, participated in weekly meetings of various coalitions, led a Mental Health Rally and Advocacy Training that was attended by over 200 people, and were quoted or published in media sources ranging from PBS member stations to statewide newspapers.

The progress made on mental health policy in this legislative session will be clear as you read through this report. There was a considerable focus on the mental health of children and youth, with the creation of the Texas Child Mental Health Care Consortium being a signature reform. Additionally, the passage of HB 18 is a truly historic and unprecedented effect to address mental health in the public school system. The funding to begin major state hospital replacements will improve both quality and access for decades to come. Another issue that emerged as a key priority for lawmakers was mental health in the context of the criminal justice system. NAMI Texas played a role in several pieces of legislation, such as SB 362, which relates to court-ordered mental health services. This session also included some significant reforms in the area of suicide prevention. We knew going into the legislative session that rising suicide rates in Texas created an important opportunity to develop meaningful legislation, such as HB 3980.

Without the support and partnership of NAMI affiliates and members around the state, we wouldn't have been nearly as successful in securing significant mental health reform in this session. Thank you so much for being part of the movement for mental health reform. We are so excited to provide leadership on mental health policy as we head towards the 2021 legislative, and we look forward to working with you in moving our policymakers to #Act4MentalHealth.
AFFILIATE SUPPORT AND DEVELOPMENT

• NAMI Texas hired our first Outreach Coordinator, Grace Mansfield. Grace is responsible for helping the Affiliates with growth and sustainability, and developing new Affiliates in under-served parts of Texas.

• In October, Grace began her work as Outreach Coordinator of NAMI Texas. Over the course of just a few months, she expanded lines of dialogue with Affiliates, initiated plans to reinvigorate struggling Affiliates, and began work on establishing two new Affiliates.

• While the Affiliation process was on hold in 2019, NAMI Texas began to develop Start-Up Groups in communities not currently served by a NAMI Affiliate. These Groups are responsible for working towards Affiliation.

• Over the course of 2019, NAMI Texas nearly doubled the number of Model B Affiliates and Start-Up Groups that we served as the fiscal agent for. At the end of the year, we were fiscal agent for 13 Model B Affiliates and Start-Up Groups, overseeing almost $90,000 for them.

• NAMI Texas re-initiated monthly leadership calls for Model A Affiliates and Model B Affiliates, providing Affiliates with the opportunity to share successes/challenges and receive support.
Financials: Income, Expenses, Financial Status

Income:
Contributions: $122,938
Grants: $273,388
Other: $149,111
Total income: $545,437

Expenses:
Programs: $541,462
Other: $80,333
Total expenses: $621,795

Financial Status:
Total assets: $395,088
Total liabilities: $274,560
Net assets: $120,528
**DONORS**

**Patron ($10,000+)**
- American Bank of Commerce
- Blue Cross Blue Shield
- The Hogg Foundation
- Methodist Healthcare Ministries
- Texas Bar Foundation
- Texas Health and Human Services Commission

**Benefactors ($5,000-$9,999)**
- Gibson Energy
- Julie Milam
- Kathy Thompson
- NAMI Greater Houston
- National Institute of Mental Health
- Neurocrine Biosciences

**Visionary ($1,000-$4,999)**
- Andrew Horner
- Anonymous
- Bill Matthews
- Cindy Swain
- Harold Meyer
- James and Diane Hall
- Jane Hicks
- Jerry and Carla Lyden
- Julie and Tim Kelleher
- Linda Denke
- NAMI Central Texas
- NAMI El Paso
- NAMI Tarrant County
- Optum
- The Paul & Lucy Hoang Foundation
- PRMA
- Susan Kocak
- Yvonne Broach

**Catalyst ($500-$999)**
- Carolyn Osborn
- Charlie Hamilton
- Cory Llewellyn
- Edward Fox
- Ellen and Jim Matthews
- Gary Lindner
- James and Diane Clark
- Laure Jellison
- Leslie Buck
- Linda Cantu
- Matt Gousman
- Sean and Margaret Connor
- Tarek El-Domeiri

**Supporter ($100-$499)**
- Abby Lunn
- Aimee Moby-Turney
- Andrea Hazlitt
- Angela Rudich
- Bharat Patel
- Christina Judge
- Cindy Sibley
- Coby Chase
- Dale Skuldt
- David Tong
- Debbie Keating
- Donna Erwin
- Doug Richardson
- Mr. and Mrs. Douglas McSwane
- E R Higginbotham
- Elise Banks
- Elizabeth Murphy
- Erica Breedlove
- Fraser Muirhead
- Greg Hansch
- Holly Doggett
- Irene Meitzen
- Jacqueline Shannon
- Jane Malin
- Jennifer Delk
- John Mullins
- Kaleb Todd
- Kara Van de Kieft
- Karina Hernandez
- Kevin McMahon
- Larry Eshelman
- Lori McClain
- Lynn Hayes
- Megan Lotesto
- Merily Keller
- Molly Clayton
- Naga Bushan
- Nathalie Atallah
- Nicole Lonergan
- Patrick Fogarty
- Patty Kruger
- Paul and Susan Atallah and Family
- Pedernales Electric Cooperative Inc.
- Peggy Klas
- Philip Lonsway
- Plymouth United Church
- Ryan Taylor
- Shirley Maples
- Susan O'Shaughnessy
- Ted Isensee
- Texas Clubhouse Coalition
- Thelma and Ken Glasgow
- Tiffany Harper
- Tom Mason
- Virginia Rust
- Vivian Fielder
- William Allison
- William Reuter
- Ying Tie

**Friends ($1-$99)**
- Adam Ormsby
- Alethea Laxson
- Amber Gawlikowski
- Azizul Haque
- Betelhem Makonnen
- Beth Grant
- Billy Brice
- Calecha Cunningham
- Catherine Ingram
- Channin Williams
- Chelsea Poe
- Christina Maciques
- Christy Liles
- David Miller
- David Reedy
- Delores and Godfrey Baldwin
- Don and Shirley Bauer
- Earl Herbez
- Ed Seeco
- Edita Fuentes
- Elvin Weiss
- Geri Strong
- Gyl Switzer
- Isshiah Myles
- J Blackwell
- Jennifer Kern
- Joe Greene
- Joe Haeger
- John Burns
- John Domheim
- Joseph O'Hern
- Julie Marchant
- Katie Brooks
- Katie Spence
- Kay Arnold
- Kelly Dyess
- Kern Vanderburg
- Kris Crane
- Lakeisha Alston
- Larry Spasic
- Laura Oswald-Simmons
- Lazaro Rodriguez
- Lynda Murray
- Mary Hatcher
- Mary Lou Dupuis
- Mary Ramirez
- Mauro Gillette
- McMahon Vinson & Hubbard
- Meredith Miller Austin
- Michael & Sylvia Cooper
- Michael Carasco
- Michael Katz
- Monette Velasco
- Nicole Conway
- Nneka Cos-Okpalla
- Olivia Willke
- Pat Keegan
- Patricia Pickles
- Patricia Schreiner
- Patricia Wilbanks
- Patti Haynes
- Paulette Sontag
- Ran Peer
- Randall Pruitt
- Robert Brown
- Roshan Mehdibaba
- Ruben Gallegos
- Sharon Carroll
- Sheela Noble
- Sherry Cusumano
- Socorro Matias
- Steven Cesar
- Theodore Johnson
- Vanessa Escobar
- Whitney Bischoff
2019 AWARD RECIPIENTS

Charley H. Shannon  
Advocate of Justice Award  
Kim Ogg & Wayne Young

Youth Volunteer of the Year Award  
Alexis McDonald

Betty Fulenwider Media Award  
Entercom Inc.

Mark Korenek Quality of Life Award  
Susan Becmer

Mental Health Professional of the Year  
Shane Vandergrifft

Jackie Shannon Enduring Volunteer Award  
Ed Dickey

Volunteer of the Year  
Mary Ramirez

Dedication to the Cause  
Mildred Witte

Resilience Award  
NAMI El Paso
CONFERENCE SPONSORS

Partner Sponsors

AbbVie  Amerigroup  Otsuka

Allergan  Texas Council for Developmental Disabilities  Neurocrine Biosciences

Advocate Sponsors

Lundbeck  Pfizer  Methodist Healthcare Ministries of South Texas, Inc.

West Oaks Hospital  Legacy Community Health  Takeda

Support Sponsors

AmeriHealth Caritas  Molina Healthcare  The University of Texas at Austin Psychiatry Dell Medical School

BlueCross BlueShield of Texas  Medical City Green Oaks Hospital  The Wood Group

Exhibitors

NAMI Greater Houston  wellpath  CEDAR CREST

AATH  Menninger  The Mental Health Co-op

Epilepsy Foundation  teva  Joyages  Clubhouse Texas

Conference Donors

Bill Matthews • Andrea Hazlitt • NAMI Gulf Coast • NAMI Greater Houston
NAMI Texas had an extremely successful 2019 Annual Conference, with over 425 people attending!

The 2019 Capitol Day Rally, with over 300 people in attendance.