Mental Illness Awareness Week
October 4-10, 2020

“What People with Mental Illness Want You to Know”

Each year, millions of Americans face the reality of living with a mental health condition. However, mental illness affects everyone directly or indirectly through family, friends or coworkers. Join us to raise awareness of mental illness this #MentalIllnessAwarenessWeek #MIAW

Watch the video above to hear what Tracy Green, an amazing friend and member of NAMI Texas, wants you to know.
NAMI Texas Webinars

Join us for our October webinars and our special event on November 7th! Additional webinars to be announced for November and December!

Book Talk with Miriam Feldman: “He Came In With It”

“Join us for our Book Talk with Miriam Feldman “He Came In With It: A Portrait of Motherhood and Madness”

“A master storyteller, Miriam Feldman reveals the terrible toll schizophrenia inflicts on a loving family and exposes the frustrating deficiencies in our inadequate mental health care system. Ultimately, this book is a testament to the enduring power of a mother’s love and the family bond born from facing hardships that is certain to inspire.”- Pete Earley, author of Crazy, A Father’s Search Through America’s Mental Health Madness, Finalist 2007 Pulitzer Prize

“A compelling and moving account of a mother’s coming to terms with her son’s schizophrenia at times hopeful about her son and at times despairing. No one understands as well as a fellow sufferer and this book will be a source of understanding, strength and hope for the families of a person with schizophrenia. A really powerful book.”- Ellyn Saxe, author of the best-selling autobiography The Cancer Cannot Heal
Register for NAMI Texas Webinars

Oct. 8th, 7pm CT
Book Talk with Miriam Feldman:
"He Came in With It"

Oct. 14th, 1pm CT
Creative Strategies to Expand Treatment Capacity

Oct. 21st, 7pm CT
Improving Mental Health Through Patient Empowerment & Technology

Oct. 29th, 2pm CT
Self Advocacy Within the College Academic Environment & the Workplace

Register at namitexas.org/webinars

NAMI Walks Your Way on A National Day of Hope / World Mental Health Day (October 10th)

Do NAMI Walks Your Way this Saturday!
Advocacy Alert: Apply to join the Texas Behavioral Health Advisory Committee!

The Texas Behavioral Health Advisory Committee (BHAC) is the premier advisory body for public mental health and substance use disorder services in Texas. Recently, the President of NAMI San Antonio became the Chairman of the BHAC, which is an incredible milestone for the NAMI community in Texas.

The BHAC recently announced that it is accepting applications for membership. The Committee is seeking an "adult recipient of substance use or co-occurring substance use and mental health services". Do you meet the criteria for this or know someone who does? If so, please help us ensure strong NAMI representation on the BHAC, and make the State of Texas hear "What People with Mental Illness Want You to Know"!

Here is all the information you need to apply for BHAC membership. Applications are due by October 23rd. If you’re curious about the BHAC but not sure if you want to apply, watch their meeting on Friday.

Support Mental Illness Awareness (and Education, Support, and Advocacy) by joining Circle of Hope!
The **Circle of Hope** is a passionate group of monthly givers who are on a mission to improve the quality of life of all individuals living with mental illness and their families. The current crisis situation has created an unprecedented demand for NAMI Texas' no-cost mental health resources. Your monthly gift helps NAMI Texas continue to bring hope and recovery through support, education, and advocacy to thousands of Texans living with mental illness and their families. Join [here](#)!