Join us for upcoming webinars and programs!

Register now for tomorrow's Southwest Texas Crisis Collaborative webinar!

On Tuesday, December 15th at 1 pm CT, NAMI Texas and NAMI San Antonio will host the webinar titled, “Southwest Texas Crisis Collaborative: Collaboration Strategies to Improve Access to Treatment”.

This presentation will provide an overview of the Southwest Texas Crisis Collaborative (STCC) and related efforts to increase and improve access to behavioral health care. STCC is a cross-system collaboration that brings together local hospitals, psychiatric facilities, first responders, and behavioral health providers to address barriers to effectively accessing crisis services. The presentation will highlight data-sharing strategies that help guide decisions about interventions and resource allocation. Further, there will be discussion on law enforcement-specific projects such as a navigation system developed to direct officers to appropriate psychiatric facilities as well as programs that partner law enforcement and clinicians to better address the needs of individuals who frequently use the crisis services system.
Register now for our upcoming webinar on NAMI Education Programs!

On Thursday, December 17th at 7:00 pm CT, NAMI Texas will present What’s New With NAMI Education Programs with Patti Haynes, Program Director of NAMI Texas.

NAMI has been busy revising existing education programs. Come and learn about the changes, the roll out dates, and providing online program classes, support groups and program trainings.

Register for the NAMI Program webinar

*Have you missed a recent webinar? Recordings are available on our Webinar page and our YouTube channel!

Join us for NAMI SMARTS for Advocacy (Module 4) on Saturday!

NAMI SMARTS for Advocacy is a hands-on advocacy training program that helps people living with mental illness, friends and family transform their passion and lived experience into skillful grassroots advocacy.

The class will be held (via Zoom) this upcoming Saturday, December 19th, at 1 pm CT. It will last for about two hours.

The unique step-by-step, skill-building design of NAMI SMARTS is effective with a wide range of participants, including those who are new to advocacy as well as
individuals with years of experience.

Module 4 brings the voice of lived experience to advocacy to protect access to psychiatric medications.

Register for NAMI SMARTS

Check out an Online Support Group!

We have regular support groups for peers and family members. Please consider joining to share your experiences, discuss challenges & receive support in a confidential environment. Participants are equipped to facilitate recovery for themselves and/or loved ones.

Register for an Online Support Group

Other Recommendations

Our Peer Policy Fellow, Matthew Lovitt, is serving on a Texas Organizing Project panel this Wednesday evening. The panel will be discussing housing issues in the context of COVID 19. Matthew will share his perspective as a mental health advocate. More information is available here.

We'd also like to recommend an incredible new podcast, called Heart Forward. The podcast investigates the American mental health system and compares it to a well-respected mental health system in Trieste, Italy. We've been learning a lot from listening to it - check it out here.
These charming cards let your friends and family know you care about them and the Texas community. You will receive 5 cards and envelopes with any donation of $20 or more through this donation page. If you would prefer a PDF file of the card to print from home, please email us at officemanager@namitexas.org.

You can include your donation for all of those on your list at one time, or have the cards on hand and make donations in their names throughout the giving season.

Spread holiday cheer while making a real impact with these delightful 5” x 7” giving cards this season!